

Knights Senior Charley Condill Signs to Millikin University for Both Volleyball and Softball

Arthur Lovington Atwood Hammond High School is proud to announce that senior softball and volleyball student-athlete Charley Condill will be committing to continue her athletic participation on the intercollegiate level at Millikin University.

Located in Decatur, Illinois, Millikin is a member school of the College Conference of Illinois and Wisconsin (CCIW) and competes at the NCAA Division III level. The softball program is led by co-head coaches Whitney Sowers and Katie Tenboer. The Big Blue finished the 2022 softball season with a 39-9 record. The volleyball program is led by Head Coach Debbie Kiick. Coach Kiick is in her 22nd season as the Head Coach of the Millikin Volleyball program. Kiick is Millikin's all-time winningest volleyball coach with a career record of 513-271. The Big Blue finished the 2022 volleyball season with a 23-11 record.

Heading into her senior soft-

ball season, Charley has been a three-year varsity letter winner for the Knights playing catcher. She was an instrumental part of the Knights 2021 and 2022 LPC Conference Championship Teams, the 2019 and 2021 IHSA Class A Regional Championship Teams, the 2021 IHSA Sectional Championship Team, the 2021 IHSA Super Sectional Championship Team, and the 2021 IHSA State Finals 4th place team. Charley has also been a 4 year varsity letter winner in volleyball and was a significant part of the Knights 2022 LPC Conference and Regional championship team.

Charley's personal softball accolades include: two time LPC All-Conference First Team selection, News-Gazette Second Team All-Area as a sophomore, News-Gazette All-Area Honorable Mention as a junior, Herald and Review All-Area Second Team as a junior, Second Team ISCA All-State Team as a sophomore, and Third



ALAH senior, standout athlete, Charley Condill, center, signed to continue her volleyball and softball careers and her academics at Millikin University next fall. Charley is pictured with her family members. From left to right are sister, Mackenzie; dad, Mac; Charley; mom, Ginny; and brother, Coewn.

Team ISCA All-State as a Junior. Charley's personal volleyball accolades include: News-Gazette All-Area Honorable Mention as a sophomore and junior, LPC Second Team as a sophomore, LPC All-Conference First Team as a junior and senior, Herald and Review First Team All-Area as a junior and senior, News-Gazette All-Area First Team as a senior, News-Gazette All-State 50 special mention as a senior, and WCIA athlete of

the week. Charley has been a multi-sport athlete throughout her high school career and has also earned varsity letters in basketball and cross-country. She was named to the LPC All-Conference Basketball Second team after her sophomore, junior, and senior seasons. Charley also earned LPC All-Conference recognition and News-Gazette All-Area Honorable Mention as a sophomore

in cross-country. In addition to her athletic accomplishments, Charley has been a high honor roll student each of her four years at ALAH, is Vice President of the National Honor Society, has served as a tutor in the Math and Writing Center, has been her class secretary all four years, is a freshman mentor, an FCA leader, an Illinois State Scholar, and was named to the IHSA All-State

Academic Honorable Mention Team this year. Charley is the daughter of Mac and Ginny Condill and plans to major in art therapy at Millikin. In honor of Charley's accomplishments, Arthur Lovington Atwood Hammond High School held a reception on March 10th in the gymnasium at Arthur Lovington Atwood Hammond High School.



MCGILL TAKES 4TH IN REGIONAL SPELLING BEE. Cameron McGill, an eighth grader at Arthur Grade School finished fourth in the 45th Annual Regional Spelling Bee at Richland College in Decatur on Saturday, March 11. Cameron won the Douglas County Bee to qualify for the Regional. He was accompanied by his spelling coach, Rhonda Rhodes; and supporters, Kathy McGill, Pam Graves Hartshorn and Brianna Eads. Mrs. Rhodes had this to say about his day, "He was competing with 22 winners from 10 counties. Loved watching his confidence, smile and good attitude." Congratulations, Cameron!



A large group of friends and teammates pictured here with Charley Condill, seated front and center, attended her signing to Millikin University. Besides this group there were teachers, coaches, family members and fans at the signing. The Homestead Bakery provided refreshments for the reception at the high school on Friday, March 10. Best of Luck, Charley in your future at Millikin from all you ALAH supporters!!

Home food preservation doesn't need to be difficult; learn how to preserve safely

There is a common belief that food preservation is difficult. However, with the right equipment and proper education, anyone can enjoy garden fresh foods all year long by preserving at home. Join University of Illinois Extension at the Arthur Public Library for a two-hour Saturday workshop to unlock the mystery of food preservation. Preserving Safely: Freezing, Drying, Fermenting will be from 1 to 2:30 p.m. on April 1 at the Arthur Public Library. Participants will learn about

preserving methods such as freezing, dehydration, and fermentation. Nutrition and Wellness Educator Caitlin Mellendorf will share up-to-date information and processes to preserve safely at home. "Freezing, dehydration, and fermentation are great methods for beginners to learn and can be a way for seasoned canners to expand the types of preserved foods they keep," says Extension Educator Caitlin Mellendorf. The workshop is free but advanced registration is required.

Participants may call the library at 217-543-2037 or register in person. The deadline to register is March 29. University of Illinois Extension provides equal opportunities in programs and employ-

ment. If you need a reasonable accommodation to participate, please contact 217-877-6042. Early requests are strongly encouraged to allow sufficient time for meeting your access need.



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