

ALAH Jr. High Girls Track on the Road for Second Meet of the Season

By SALLY MCCARTHY
Staff Writer

The Arthur Lovington Atwood Hammond Jr. High girls' track and field teams traveled to Shelbyville on Monday, March 27 for a triangular meet with the host school and Central A & M.

Morgan Casteel was a double winner for the eighth grade squad taking first in the 800 meters and 1600 meters. Maleyna Vanausdoll won the 100 meters and Cassidy Rohacs the high jump for the other individual firsts for the eighth grade. Their 4 X 400 meter relay of Embrey Reardon, Reece Oye, Rohacs, and Casteel were also winners. The eighth grade team finished first in the team standings.

Gwendolyn Herring captured the lone title in the seventh grade by taking first in the 800 meter run. The seventh grade squad was third in the team standings.

7th Grade Girls Team and Individual Results vs. Shelbyville and Central A & M March 27, 2023

Team results: 1. Shelbyville 73; 2. Central A & M 34; 3. Arthur Lovington Atwood Hammond 23;

Shot Put: Presley Johnson 16' 11", third;

Discus: Laila Sanchez 59' 2", second; Presley Johnson 50' 6", fourth;

High Jump: None

Long Jump: None

100 M Hurdles: None

100M: Laila Sanchez 16.19; Layla Beck 17.24; Khloe Dowds 17.33;

200M: Norma Mendoza 32.28, second; Zoey Mendoza 35.13; Katharine Palma 35.84;

400M: Sophia Johnson 1:18.93, fifth;

800M: Gwendolyn Herring 3:09.42, first; Ella Oye 3:14.12, third;

1600M: Gwendolyn Herring 6:46.69, fourth; Ella Oye 7:23.19;

400M Relay: Arthur Lov-



ington Atwood Hammond 1:06.50, second (Layla Beck, Katharine Palma, Khloe Dowds, Laila Sanchez)

800M Relay: None

1600M Relay: None

8th Grade Girls Team and Individual Results vs. Shelbyville and Central A & M March 27, 2023

Team results: 1. Arthur Lovington Atwood Hammond 46; 2. Shelbyville 36; 3. Central A & M 25

Shot Put: Ashby Coblentz 21' 3", third;

Discus: Ashby Coblentz 54' 1", second;

High Jump: Cassidy Rohacs, 3' 6", first;

Long Jump: Maleyna Vanausdoll 13' 2", second;

100 M Hurdles: Cassidy Rohacs 18.81, second;

100M: Maleyna Vanausdoll 12.26, first;

200M: Reece Oye 33.17, second;

400M: None;

800M: Morgan Casteel 2:49.48, first; Embrey Reardon, 3:09.25, third;

1600M: Morgan Casteel 6:22.22, first; Embrey Reardon, 6:40.46, second;

400M Relay: Arthur Lovington Atwood Hammond 59.53, second (Cassidy Rohacs, Reece Oye, Riley Strode, Maleyna Vanausdoll)

800M Relay: Arthur Lovington Atwood Hammond 2:13.71 (Norma Mendoza, Zoey Mendoza, Sophie Johnson, Embrey Reardon)

1600M Relay: Arthur Lovington Atwood Hammond 5:18.07, first (Cassidy Rohacs, Reece Oye, Gwendolyn Herring, Morgan Casteel)



Knights sixth grade distance runner Gwendolyn Herring doubled in the 800 meters and 1600 meters at the jr. high meet at Shelbyville on March 27. She took fourth in the 1600 in a time of 6:46.69 and won the 800 meters in 3:09.42.



Morgan Casteel, eighth grade distance runner for the jr. high Knights girls track team runs to victory in the 1600 meter run at Shelbyville on Monday, March 27. Her time in the 1600 was 6:22.22 and her 800 meter time of 2:49.48 was also good for a first place finish. Morgan also ran the anchor leg for the Knights winning eighth grade 4 X 400 meter relay.



Katharine Palma brings home the baton for the Knights seventh grade girls 400 meter relay team last week at Shelbyville. The relay took second with a time of 1:06.5.



Knights eighth grader Maleyna Vanausdoll brings the baton home in the 4 X 100 meter relay at the JH meet at Shelbyville last week. Other runners on the relay that finished second in 59.53 were Cassidy Rohacs, Reece Oye and Riley Strode. The JH teams were to have their second home meet on Monday, April 3 against Arcola. Meets coming up are at home on April 11 and the annual ALAH Jr. High Invite on April 15.



The JH Knights girls track teams had their second meet of the season at Shelbyville on Monday, March 27. Here Reece Oye passes the baton to Gwendolyn Herring for the third leg of the eighth grade 4 X 400 meter relay. Cassidy Rohacs led off the relay and Morgan Casteel ran the anchor leg of the relay that took first in a time of 5:10.75.



ALAH sprinter Layla Beck takes off at the start of the seventh grade 4 X 100 meter relay at the JH meet at Shelbyville last week. Other runners on the relay were Katharine Palma, Khloe Dowds, and Laila Sanchez.