



From left to right in black are Laila Sanchez, Zoey Mendoza and Macelyn Boddy running in the seventh grade 100 meter dash at the home jr. high meet vs. Arcola last week. Macy won the race with a time of 14.82, while Zoey was second in 14.97. Laila's time was 15.73. The seventh grade girls won their portion of the meet 79-24.

ALAH Jr. High Girls Track Victorious in Home Meet with Arcola

By SALLY McCARTHY
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The Arthur Lovington Atwood Hammond Jr. High girls' track and field teams played hosts to the Arcola Jr. High track and field teams in a dual meet on Monday, April 3. Both the seventh and eighth grade squads won their divisions by large margins.

In the seventh-grade competition, there were two girls who captured wins in two individual events, Macelyn Boddy in the high jump and the 100 meters; and Gwen Herring in the 800 and 1600

meters. Macelyn also ran a leg of the winning seventh grade 4 X 200 relay and Gwen was a member of the eighth grade first place 4 X 400 relay. Other seventh grade event winners were: Emily Keagle in the shot; Norma Mendoza, 200 meters, the 4 X 200-meter relay of Bri Clayton, Sophie Johnson, Layla Beck and Boddy; the 4 X 100-meter relay team, Norma Mendoza, Zoey Mendoza, Katharine Palma and Khloe Dowds and the 4 X 400-meter relay of Norma and Zoey Mendoza, Johnson and Ella Oye.

For the eighth grade, Ashby

Coblentz earned three first place finishes in the shot put, discus and the 800-meter run. Other eighth grade winners were: Cassidy Rohacs in the 100-meter hurdles; Morgan Casteel, 1600 meters; Embrey Reardon, 400 meters; and Leighton Poulos, 200 meters. The eighth grade took first in two relays, the 4 X 1 of Rohacs, Maleyna Vanausdoll, Reece Oye, and Poulos; and the 4 X 400 meter relay of Rohacs, Oye, Reardon and Herring.

The jr. High track and field teams were to host Cumberland and Villa Grove on April 11 before the annual ALAH Jr. High Invitational on Saturday, April 15.

7th Grade Girls Team and Individual Results vs. Arcola April 3, 2023

Team results: 1. Arthur Lovington Atwood Hammond 79; 2. Arcola 24

Shot Put: Emily Keagle 22' 0", first; Khloe Dowds 18' 2.25", second;

Discus: Laila Sanchez 57' 6", first; Emily Keagle 50' 11", second; Presley Johnson 46' 6", third;

High Jump: Macelyn Boddy 3' 7", first;

Long Jump: None

100 M Hurdles: None

100M: Macelyn Boddy 14.86, first; Zoey Mendoza 14.97, second; Norma Mendoza 15.12; Laila Sanchez 15.73; Katharine Palma 15.9; Layla Beck 16.69; Khloe Dowds 16.77;

200M: Norma Mendoza 31.90, first; Zoey Mendoza 32.16, second; Macelyn Boddy 32.50, third; Bri Clayton 34.08; Laila Sanchez 34.18; Katharine Palma 34.73; Khloe Dowds 37.71; Layla Beck 35.27;

400M: Sophie Johnson 1:14.71, first;

800M: Gwendolyn Herring 2:58.00, first; Ella Oye 3:00.90,

second;

1600M: Gwendolyn Herring 6:46.69, fourth; Ella Oye 7:23.19;

400M Relay: Arthur Lovington Atwood Hammond 1:01.82, first (Norma Mendoza, Zoey Mendoza, Katharine Palma, Khloe Dowds,)

800M Relay: Arthur Lovington Atwood Hammond 2:11.82, first (Bri Clayton, Sophie Johnson, Layla Beck, Macelyn Boddy)

1600M Relay: Arthur Lovington Atwood Hammond (Norma Mendoza, Zoey Mendoza, Sophie Johnson, Ella Oye)

8th Grade Girls Team and Individual Results vs. Arcola April 3, 2023

Team results: 1. Arthur Lovington Atwood Hammond 67; 2. Arcola 32

Shot Put: Ashby Coblentz 25' 9.5", first;

Discus: Ashby Coblentz 54' 3", first;

High Jump: Cassidy Rohacs, 4' 0", second;

Long Jump: Leighton Poulos 14' 7", second; Maleyna Vanausdoll 13' 5", third;

100 M Hurdles: Cassidy Rohacs 17.58, first;

100M: Leighton Poulos 13.88, second; Maleyna Vanausdoll 14.07, third;

200M: Leighton Poulos 29.95, first; Maleyna Vanausdoll 30.82, second; Reece Oye 32.56, third;

400M: Embrey Reardon 1:16.9, first; Ashby Coblentz 1:35.39, second;

800M: Ashby Coblentz 4:57.28, first;

1600M: Morgan Casteel 6:12.08, first; Embrey Reardon, 6:34.43, second;

400M Relay: Arthur Lovington Atwood Hammond 56.78, first (Cassidy Rohacs, Reece Oye, Leighton Poulos, Maleyna Vanausdoll)

800M Relay: None

1600M Relay: Arthur Lov-

ington Atwood Hammond Reece Oye, Embrey Reardon, 5:13.45, first (Cassidy Rohacs, Gwendolyn Herring,)



ALAH seventh grader Emily Keagle throws the shot put at the jr. high home meet on April 3 with Arcola. Emily threw 22' 0" to win the event.



The eighth grade relay of Cassidy Rohacs, Reece Oye, Embrey Reardon and Gwen Herring ran a 5:13.45 at the home meet with Arcola last week. Here Embrey takes off after receiving the baton from Reece.



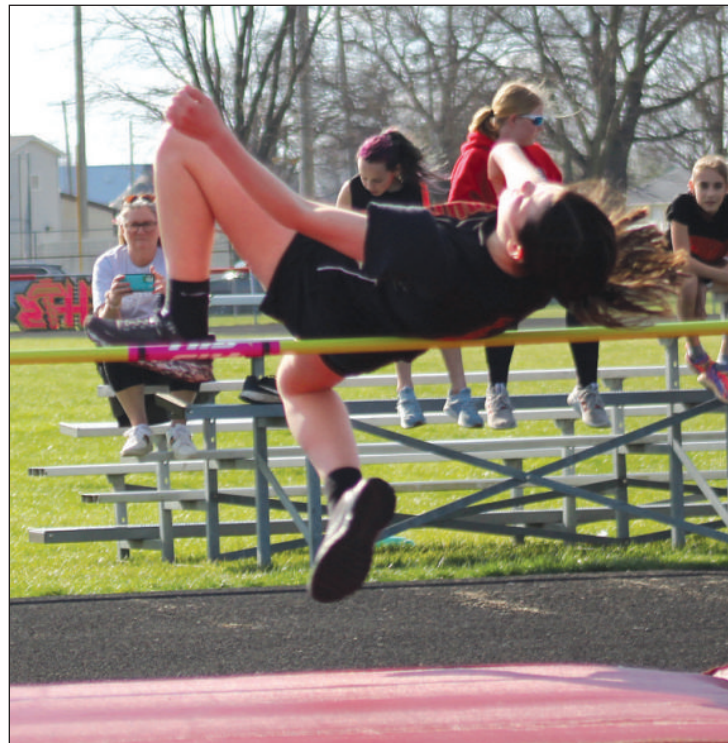
In the eighth grade 4 X 200 meter relay, Maleyna Vanausdoll, right, sprints to the finish line at the home meet last week. She would cross the line first in a time of 56.78 to Arcola's 56.96. Other relay members were Cassidy Rohacs, Reece Oye and Leighton Poulos.



Zoey Mendoza, left and her sister Norma both runners on the Knights seventh grade track team battle to the finish of the 200 meters at the JH meet on April 3. Norma would win the race in a time of 31.9 with Zoey just behind at 32.16.



Knights eighth grader Embrey Reardon comes down the straightaway in the 1600 meter run at the JH home meet on April 3. Embrey finished second in the race in a time of 6:34.43 and won the 400 meters in 1:16.9. The eighth grade girls team outscored Arcola 67-32 to win the meet.



ALAH eighth grader Cassidy Rohacs goes over the bar in the high jump at the jr. high meet with Arcola on April 3 at home. Cassidy cleared 4' to finish second in the event.



ALAH seventh graders, Ella Oye, left, Solly Binion, center, and Gwen Herring run in the 1600 meters at the home meet with Arcola on April 3. Gwen would take first in the girls' race at 6:39.71 with Ella coming in second in 6:48.09. Solly would finish third in the boys' race with a time of 6:35.71.