

ALAH Eighth Grade Girls Are ALAH JH Invitational Champions Seventh Grade Girls Finish Fourth

By SALLY MCCARTHY
Staff Writer

The Arthur Lovington Atwood Hammond eighth grade girls track and field team won their division at the 20th annual ALAH JH Invitational on Saturday, April 15. The scored 113 points to Sullivan's 65 to take the title. Morgan Casteel was a double winner in the meet finishing first in the 800 and 1600 meters. Teammate Cassidy Rohacs took first in the 100 meter hurdles and the 4 X 100 meter relay of Leighton Poulos, Reece Oye, Rohacs and Maleyna Vanausdoll also claimed a first place finish.

The seventh grade squad finished fourth in their divi-

sion. The seventh grade 4 X 400 meter relay of Norma Mendoza, Zoey Mendoza, Ella Oye and Sophia Johnson took first in that event. Complete results for the ALAH girls team follows this article.

The ALAH jr. high track and field teams would like to thank everyone who helped with the Invitational this past Saturday. A meet this large, needs lots of volunteers for all kinds of jobs and we are fortunate to have people from all our communities and our schools who are willing to spend the day helping our teams have the best chance to perform at their very best! A huge thank you to everyone that helped make it a success for the 20th time in any way!!

The Jr. High track teams are scheduled to have a meet at Tuscola on Thursday, April 20 before competing in the annual Arcola JH Invite on Saturday, April 22.

7th Grade Girls Team and Individual Results ALAH JH Invitational April 15, 2023

Team results: 1. Cerro Gordo Bement 86; 2. Sullivan 78.5; 3. Neoga 51; 4. Arthur Lovington Atwood Hammond 50; 5. Stewardson-Strasburg 39; 6. Okaw Valley 38; 7. Arcola 30.5; 8. Lake Crest Elementary 26

Shot Put: Emily Keagle 21' 0", sixth; Presley Johnson 19' 5.5"

Discus: Emily Keagle 57' 11"; Presley Johnson 43' 11"

High Jump: Macelyn Boddy 3' 10", third

Long Jump: None

100 M Hurdles: None

100M: Macelyn Boddy 15.20, fourth; Laila Sanchez 15.93

200M: Norma Mendoza 31.30, third; Zoey Mendoza 31.57, fourth

400M: Briana Clayton 1:16.96; Georgia Stroh 1:30.18

800M: Gwendolyn Herring 2:58.18, third; Ella Oye 3:09.07, fifth



ALAH seventh grader Zoey Mendoza takes the baton from teammate Sophia Johnson in the 4 X 400 meter relay at the 20th annual ALAH JH Invitational on Saturday, April 15. The Knights would win this relay.

1600M: Ella Oye 6:27.46, third; Gwendolyn Herring 6:49.74, sixth

400M Relay: Arthur Lovington Atwood Hammond 1:03.23, fourth (Briana Clayton, Layla Beck, Georgia Stroh, Katharine Palma)

800M Relay: None

1600M Relay: Arthur Lovington Atwood Hammond 5:03.14, first (Norma Mendoza, Zoey Mendoza, Ella Oye, Sophia Johnson,)

8th Grade Girls Team and Individual Results ALAH JH Invitational April 15, 2023

Team results: 1. Arthur Lovington Atwood Hammond 113; 2. Sullivan 65; 3. Stewardson-Strasburg 64; 4. Villa Grove 61; 5. Arcola & Neoga 47; 7. Lake Crest Elementary 34; 8. Okaw Valley 32; 9. Cerro Gordo Bement

Shot Put: None

Discus: Laila Sanchez 48; 9", sixth

High Jump: Cassidy Rohacs, 3' 10", fourth

Long Jump: Leighton Poulos 14' 3", fourth; Maleyna

Vanausdoll 12' 8.25", sixth

100 M Hurdles: Cassidy Rohacs 17.83, first; Riley Strode 20.40, fifth

100M: Leighton Poulos 13.94, second; Maleyna Vanausdoll 14.40, sixth

200M: Leighton Poulos 28.64, second; Reece Oye 31.64

400M: Sophia Johnson 1:13.55, fourth

800M: Morgan Casteel 2:47.23, first; Embrey Reardon 2:57.09, fourth

1600M: Morgan Casteel 6:10.67, first; Embrey Reardon, 6:327.99, third

400M Relay: Arthur Lovington Atwood Hammond 58.53, first (Leighton Poulos, Cassidy Rohacs, Reece Oye, Maleyna Vanausdoll)

800M Relay: Arthur Lovington Atwood Hammond 2:06.34, second (Norma Mendoza, Zoey Mendoza, Laila Sanchez, Macelyn Boddy)

1600M Relay: Arthur Lovington Atwood Hammond 5:00.71, second (Cassidy Rohacs, Gwen Herring, Embrey Reardon, Morgan Casteel,)



In the 4 X 100 meter relay eighth grader Leighton Poulos takes off out of the starting blocks on the first leg. Other members of the relay were Reece Oye, Cassidy Rohacs and Maleyna Vanausdoll who won the relay in a time of 56.60. The eighth grade girls also captured the team title in their division with 113 points.



Norma Mendoza passes the relay baton to Ella Oye in the seventh grade 4 X 400 meter relay at the home Invite last Saturday. The relay would finish first in 5:03.14. The seventh grade girls were fourth in the team standings.



Knights eighth grader Morgan Casteel has a commanding lead in the 1600 meter run at the ALAH JH Invite last Saturday. Morgan won this event in 6:10.67 and also took first in the 800 in 2:47.22.

Knights Eighth Grade Boys Are ALAH JH Invitational Champions Seventh Grade Runners Up in Their Division

By SALLY MCCARTHY
Staff Writer

On Saturday, April 15, the Arthur Lovington Atwood Hammond eighth grade boys track and field team won their division of the 20th annual ALAH JH Invitational with 103.5 points to second place Neoga who scored 90.5. Preston Gingerich and Cooper Shoemaker were individual winners in the 1600 meters and the high jump respectively. The 4 X 400 meter relay of Owen Herring, Max Boddy, Mason Thomas and Tyler Lisanby were also event winners.

The seventh grade Knights were close to earning the first place trophy, finishing just two points behind division champion Villa Grove who scored 68

to the Knights 66. The seventh grade also had two individual event winners, Alex Olivero in the shot put and Bentley Hutson in the 400 meters. Hutson, Olivero, Anden Berry and Jase Kingery took first in the 4 X 200 meter relay in a very close finish. Complete results follow this article.

The ALAH jr. high track and field teams would like to thank everyone who helped with the Invitational this past Saturday. A meet this large, needs lots of volunteers for all kinds of jobs and we are fortunate to have people from all our communities and our schools who are willing to spend the day helping our teams have the

best chance to perform at their very best! A huge thank you to everyone that helped make it a success for the 20th time in any way!!

7th Grade Boys Team and Individual Result ALAH JH Invitational April 15, 2023

Team results: 1. Villa Grove 68; 2. Arthur Lovington Atwood Hammond 66; 3. Sullivan 61; 4. Arcola 54; 5. Neoga 42; 6. Stewardson-Strasburg 40; 7. Okaw Valley 30; 8. Cerro Gordo Bement 24; 9. Lake Crest Elementary 16; 10. Windsor 2

Shot Put: Alex Olivero 33' 10", first; Donovan Vanausdoll 28' 10.5", fourth

Discus: Donovan Vanausdoll 88' 4", second; Alex Olivero 72' 6"



In the center of the track Max Boddy is ready to take off after receiving the baton from Owen Herring in the eighth grade 4 X 400 meter relay last Saturday. The other two legs of the relay were run by Mason Thomas and Tyler Lisanby. The relay time was 4:09.48 which was over nine seconds ahead of the second place team. The eighth grade boys were meet champions in their division with 103.5 points.

High Jump: Beau Green 4' 4", third

Long Jump: Conner Crabtree 12' 9.5"; Greyson Yoder 11' 2"

110 M Hurdles: Jase Kingery 21.03, third

100M: Bentley Hutson 13.81, fourth; Cannon Doggett 14.77

200M: Jase Kingery 30.787; Alex Olivero 31.12

400M: Bentley Hutson 1:03.82, first; Solly Binion 1:21.00

800M: Beau Green 2:43.91, fifth; Colton Snyder 2:48.73

1600M: Colton Snyder 5:46.98, sixth; Beau Green 5:51.94

400M Relay: Arthur Lovington Atwood Hammond 1:00.32, sixth (Donovan Vanausdoll, Cannon Doggett, Conner Crabtree, Anthony Graham)

800M Relay: Arthur Lovington Atwood Hammond 2:01.78, first (Bentley Hutson,

Alex Olivero, Anden Berry, Jase Kingery)

1600M Relay: Arthur Lovington Atwood Hammond 4:53.50, fourth (Anden Berry, Jase Kingery, Conner Crabtree, Bentley Hutson)

8th Grade Boys Team and Individual Results ALAH JH Invitational April 15, 2023

Team results: 1. Cumberland 58; 2. Arthur Lovington Atwood Hammond 51; 3. Villa Grove 25

Shot Put: Josh Taylor 33' 3.5", second; Nick Rafferty 30' 2",

Discus: Josh Taylor 96' 2", third; Cameron McGill 58' 1"

High Jump: Cooper Shoemaker 5' 2", first; Tyler Lisanby 4' 8", fourth

Long Jump: Mason Thomas 14' 1.25"; Coye Grant 11' 11.75"

110 M Hurdles: Tyler Lisanby 20.01, fifth

100M: Max Boddy 12.37,

second; Dylan Ingersoll 15.48

200M: Max Boddy 25.65, second; Owen Herring 27.49, fourth

400M: Cooper Shoemaker 1:07.59; Mason Thomas 1:09.51

800M: Preston Gingerich 2:29.07, third; Coye Grant 2:39.35, fifth Cooper Shoemaker 2:53.47

1600M: Preston Gingerich 5:20.79, first; Coye Grant 5:40.04, fourth

400M Relay: Arthur Lovington Atwood Hammond 56.50, sixth (Preston Gingerich, Cooper Shoemaker, Dylan Ingersoll, Joshua Taylor)

800M Relay: Arthur Lovington Atwood Hammond 1:48.71, second (Owen Herring, Tyler Lisanby, Mason Thomas, Max Boddy)

1600M Relay: Arthur Lovington Atwood Hammond 4:09.48, first (Owen Herring, Max Boddy, Mason Thomas, Tyler Lisanby)



Knights eighth grader Preston Gingerich sprints to the finish of the 1600 meters at the JH Invite on April 15. Preston won the race with a time of 5:20.79 and also got third in the 800 in 2:29.07.



In lane 3, Jase Kingery, the anchor leg of the Knights seventh grade 4 X 200 meter relay battles the Sullivan runner down to the finish. In what was one of the closest finishes of the day, Jase would finish first in 2:01.78 to Sullivan's 2:01.91. The seventh grade boys earned a trophy for second place in the team standings, just two points behind the top team Villa Grove.



Leading off the 4 X 200 meter relay for the seventh grade Knights last Saturday at the annual Invite was Bentley Hutson here waiting for the start. The next two legs would be run by Alex Olivero and Andan Berry. Besides sharing the victory in this relay, Bentley had another individual first in the 400 meters as did Alex in the shot put.