

ALAH Jr. High Girls Track and Field Teams Finish 2023 Regular Season at Home

By SALLY MCCARTHY
Staff Writer

The Arthur Lovington Atwood Hammond jr. high girls track and field teams played hosts to Sullivan and Tuscola for the last regular season meet on Tuesday, May 9. The eighth grade Knights won their division while the seventh grade took second behind Sullivan.

For the eighth grade, Morgan Casteel continued her dominance in the distance events winning both the 800 and 1600 meters yet again. Ashby Coblentz, Cassidy Rohacs, Sophia Johnson and Leighton Poulos were individual winners taking firsts in the shot put, 100 meter hurdles, 400 meters and long jump respectively.

In the seventh grade, Emily Keagle won both the shot put and discus. The 4 X 400 meter relay team of Sophia Johnson, Ella Oye and Norma and Zoey Mendoza were first in that event.

The jr. high teams were to compete in the IESA Sectional on May 13 to attempt to qualify for the State meet on May 19-20.

The Jr. High Knights track and field teams would like to thank everyone who helped in any way during the 2023 season! We couldn't have our meets without lots of volunteers and also appreciate the support shown to our athletes. We are very excited to be able to host meets next year on the newly resurfaced track!!!!

7th Grade Girls Team and Individual Results vs. Sullivan and Tuscola May 9, 2023

Team Results: 1. Sullivan 58; 2. Arthur Lovington Atwood Hammond 48; 3. Tuscola 22

Shot Put: Emily Keagle 20' 5", first

Discus: Emily Keagle 62' 8", first; Laila Sanchez 58; 6", second

High Jump: Bri Clayton 4' 0", second; Zoey Mendoza 3' 10", third; Macelyn Boddy 3' 10", third

Long Jump: Laila Sanchez 12' 5", fourth

100 M Hurdles: Gwen Herring 22.20, third

100M: Macelyn Boddy 14.58, third; Norma Mendoza 15.43; Zoey Mendoza 15.65; Katharine Palma 16.32; Layla Beck 16.87

200M: Macelyn Boddy 30.56, second; Norma Mendoza 31.73, fourth; Zoey Mendoza 32.37; Laila Sanchez 33.16

400M: Bri Clayton 1:14.12, second; Layla Beck 1:18.64, fourth

800M: Gwen Herring 2:56.59, second; Ella Oye 3:06.69, fourth

1600M: Gwen Herring 6:30.13, second; Ella Oye 6:31.60, third

400M Relay: None

800M Relay: None

1600M Relay: Arthur Lovington Atwood Hammond 5:06.82, first (Norma Mendoza, Zoey Mendoza, Ella Oye, Sophia Johnson)

8th Grade Girls Team and Individual Results vs. Sullivan and Tuscola May 9, 2023

Team Results: 1. Arthur Lovington Atwood Hammond 47; 2. Tuscola 43; 3. Sullivan 41

Shot Put: Ashby Coblentz 24' 1", first

Discus: Ashby Coblentz 66' 5", second

High Jump: None

Long Jump: Leighton Poulos 13' 11", first

100 M Hurdles: Cassidy Rohacs 17.22, first; Riley Strode 19.69, second



Knights eighth grader Reece Oye, lane 3, sprints down the straightaway in her heat of the 200 meters at the last home JH meet on May 9. Reece finished fourth in the race in 31.51.

100M: None

200M: Reece Oye 31.51, fourth; Embrey Reardon 31.82

400M: Sophia Johnson 1:09.19, first; Riley Strode 1:13.19, fourth

800M: Morgan Casteel 2:42.08, first; Embrey Reardon 2:49.14, second; Cassidy Rohacs 3:05.26; Kate Wiley 4:15.96

1600M: Morgan Casteel 6:01.08, first; Embrey Reardon,

6:09.38, second

400M Relay: Arthur Lovington Atwood Hammond 58.14, first (Leighton Poulos, Reece Oye, Cassidy Rohacs, Maleyna Vanausdoll)

800M Relay: None

1600M Relay: Arthur Lovington Atwood Hammond 5:12.96 (Cassidy Rohacs, Gwen Herring, Embrey Reardon, Riley Strode)



Gwen Herring goes over a hurdle in the seventh grade girls 100 meter hurdle race at home on May 9. Gwen, usually a distance runner, decided to give the hurdles a try. She finished third in 22.20.



ALAH's Bri Clayton sails over the high jump bar in the jr. high Knights' last home meet of the season on May 9. Bri would clear 4' 0" to take second in the event.



ALAH's Gwen Herring takes the baton from teammate Embrey Reardon in the eighth grade 4 X 400 meter relay at the last home meet of the season last week. The other two runners on the relay were Riley Strode and Cassidy Rohacs. The relay's time was 5:12.96.

Knights JH Boys Track Teams Close Out Regular Season at Home

By SALLY MCCARTHY
Staff Writer

The Arthur Lovington Atwood Hammond jr. high boys track and field teams finished their 2023 regular season with a home triangular with Sullivan and Tuscola. The seventh grade team tied with Sullivan with 48.5 points for first in the team standings while the eighth grade finished in second behind Tuscola, 68 with 61 points.

Max Boddy and Preston Gingerich were double winners for the eighth grade with Max winning the 100 and 200 meters and Preston taking first in the 800 and 1600 meters. Individual winners in the eighth grader were Cooper Shoemaker in the high jump and Brennon Hutson, who had been sidelined with an injury since the first meet of the season, in the 400 meters

For the seventh grade, Beau Green continued his distance dominance taking both the 800 and 1600 meter titles. Jase Kingery, Alex Olivero and Bentley were individual winners in the 110 meter hurdles, the shot put and the 400 meters respectively.

The JH Knights teams were to compete in the IESA Sectional at Newton on Saturday, May 13 to try to advance to the JH State meet on May 19-20.

The Jr. High Knights track and

field teams would like to thank everyone who helped in any way during the 2023 season! We couldn't have our meets without lots of volunteers and also appreciate the support shown to our athletes. We are very excited to be able to host meets next year on the newly resurfaced track!!!!

7th Grade Boys Team and Individual Result vs. Sullivan and Tuscola May 9, 2023

Team results: 1. Arthur Lovington Atwood Hammond and Sullivan 48.5; 3. Tuscola 37

Shot Put: Alex Olivero 34' 1", first; Donovan Vanausdoll 28' 0.25", third

Discus: Donovan Vanausdoll 84' 1", second; Alex Olivero 69' 3", fourth

High Jump: Beau Green 4' 6", fifth

Long Jump: Greyson Yoder 11' 8"; Conner Crabtree 11' 0"; Colton Snyder 11' 6"; Dustin Snyder 9' 10"

110 M Hurdles: Jase Kingery 22.4, first; Donovan Vanausdoll 20.23, second; Conner Crabtree 22.31; Greyson Yoder 24.23

100M: Faemus Davison 13.47, third; Bentley Hutson 13.81, fourth; Anthony Graham 15.21; Dustin Snyder 18.53; Ashton Crumrin 22.82

200M: Alex Olivero 30.44; Jase Kingery 31.78; Cannon

Doggett 32.19; Anden Berry 32.20; Greyson Yoder 38.25

400M: Bentley Hutson 1:01.89, first

800M: Beau Green 2:36.70, first; Colton Snyder 2:45.45, fourth; Solly Binion 3:10.14

1600M: Beau Green 5:29.44, first; Colton Snyder 5:40.71, fourth; Solly Binion 6:24.75

400M Relay: Arthur Lovington Atwood Hammond 58.57, second (Donovan Vanausdoll, Anthony Graham, Anden Berry, Cannon Doggett)

800M Relay: Arthur Lovington Atwood Hammond 1:57.46, second (Bentley Hutson, Alex Olivero, Jase Kingery, Faemus Davison)

1600M Relay: Arthur Lovington Atwood Hammond 4:40.65 (Jase Kingery, Beau Green, Conner Crabtree, Bentley Hutson)

8th Grade Boys Team and Individual Results vs. Sullivan and Tuscola May 9, 2023

Team results: 1. Tuscola 68; 2. Arthur Lovington Atwood Hammond 61; Sullivan 5

Shot Put: Josh Taylor 30' 5", fourth; Nick Rafferty 29' 9"; Cameron McGill 23' 11"

Discus: Josh Taylor 85' 4"; Cameron McGill 68' 2"; Nick Rafferty 59' 8"

High Jump: Cooper Shoemaker 5' 0", first; Tyler Lisanby 4' 8", second; Coye Grant 4' 4",

fourth

Long Jump: Mason Thomas 14' 3", second

110 M Hurdles: Tyler Lisanby 20.07, second

100M: Max Boddy 12.52, first; Brennon Hutson 12.64, third; Owen Herring 12.91, fourth; Dylan Ingersoll 15.21

200M: Max Boddy 24.91, first; Owen Herring 26.90; Dylan Ingersoll 32.97

400M: Brennon Hutson 59.07, first; Mason Thomas 1:03.27, third; Cooper Shoemaker 1:03.95, fourth; Josh Taylor 1:05.58

800M: Preston Gingerich 2:28.90, first; Coye Grant 2:31.76, third

1600M: Preston Gingerich 5:12.13, first; Coye Grant 5:35.58, second

400M Relay: Arthur Lovington Atwood Hammond 59.89, second (Preston Gingerich, Coye Grant, Dylan Ingersoll, Joshua Taylor)

800M Relay: Arthur Lovington Atwood Hammond 1:43.96, second (Owen Herring, Brennon Hutson, Tyler Lisanby, Max Boddy)

1600M Relay: Arthur Lovington Atwood Hammond 4:07.53, second (Owen Herring, Max Boddy, Cooper Shoemaker, Tyler Lisanby)



Conner Crabtree takes off with the baton after receiving it from teammate Beau Green in the seventh grade boys 4 X 400 meter relay in the home meet last week. Jase Kingery led off the race and Bentley Hutson ran the anchor leg. The relay finished with a time of 4:40.65.



Brennon Hutson leads the way in the eighth grade boys 400 meters at the final home meet of the 2023 season. Brennon, who had been out with an injury since the first meet of the season, ran a time of 59.07 to win the race.



Donovan Vanausdoll goes over a hurdle in the seventh grade 110 meter hurdle race at the last home jr. high meet of the season on May 9. Donovan took second place in the race with a time of 20.23. This was Donovan's first ever hurdle race!



Knights eighth grader Nick Rafferty begins his spin in the discus in the meet with Sullivan and Tuscola on May 9. Nick's throw of 59' 8" was his season's best.