

Sports Awards

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strong competition from the beginning which made for a great year with a lot of growth shown by the young guys and got what we expected from the Senior group. They were big leaders on the team and in the area. He also mentioned how they not only cared about themselves but also other teams. Coach Thomas mentioned Lyle Adcock and Logan Beckmier for qualifying for State. He also said he is excited about next season!

Before giving his Knight Award, Coach Thomas wanted to take a moment to give thanks to his Assistant Coach Lyle Dorjahn. He said, "The Knights cross country and track programs would not be where it is today, without him. All of the athletes benefitted from his leadership."

For the boys track Knight Award, Coach Thomas echoed most of what the other coaches have for criteria-leadership, being a good teammate, a team leader and a person who steps up to help his teammates. The boys track Knight Award winner was Landon Waldrop.

Coach Thomas stayed at the podium for a few words about a special presentation from all of the coaches including fall and winter sports to Athletic Director Nathan Seal. Coach Thomas said that the track program had lots of needs, a new track and new hurdles and Mr. Seal has worked to make that happen. Coach Bradley Rexroad came back to the podium to present Mr. Seal with a plaque of appreciation for all he has done such as focusing on every sport, spending hours away from his family, answering thousands of questions and emails from coaches and he dedicates his time to the job. Mr. Seal thanked all of the coaches.

Mr. Seal then began to recognize our student-athletes that participated in three sports during the 22-23 school year. The following athletes came up and received their Tri-Athlete patch or pin

if they had previously received a patch. Freshmen Tri-Sport Athletes were August Burton, Ruby Burton, Easton Frederick, Tristian Keagle, Kimberly Krutsinger, Cruz Hale, Logan Schrock, Trey Strode, Anna Rawlins, and Gracie Romine. Sophomore Tri-Sport Athletes were Ryan Appleby, Mackenzie Condill, Nathan Hale,

Kori Klay, Alayna Plank, Lindsay Rohacs, Maddix Stirrett, and Addison Yeakel. Junior Tri-Sport Athlete was Evanger Wiley and Senior Tri-Sport Athletes were Charley Condill, Kailee Otto, and Clay Seal.

The next group to be recognized were the student-athletes that received the IHSA Scholastic Achievement Award. The criteria for this award is:

The student must currently be a junior or senior in an IHSA member school.

The student must have completed at least one full season in an IHSA interscholastic activity in good standing.

The student must have a cumulative GPA of at least 3.5 on a 4.0 scale, after the 5th or 7th semester.

There were 31 athletes that met the criteria this year. The athletes that were present came forward and received their award as their name was called. Winners of this honor were Molly Appleby, Regann Bowles, Chloe Franklin, Clay Seal, Wyatt Hilligoss, Kendall Burdick, Kaylee Thompson, Evanger Wiley, Jacob Adcock, Logan Beckmier, Connor Edmonds, Mason Allen, Hunter Carnahan, Caleb Corum, Nathan Tighe, Kaci Beachy, Charley Condill, Kailee Otto, Emma Edwards, Claire Seal, Brady Moore, Nolan Schrock, Aaron Seegmiller, Ashley Seegmiller, Alisha Frederick, Parker Dick, Sarah Rogers, Chance Lindstrom, Josie Hale, Kaylee Schrock, and Madison Schweighart.

Next up were the student-athletes that received all conference recognition. The athletes came up and received their certificates from their coaches.

Baseball: Receiving Honorable Mention Position Player LPC All-Conference Recognition in Baseball- Maddix Stirrett, 2nd Team Position Player LPC All-Conference Recognition in Baseball- Will Hilligoss, 2nd Team Pitcher LPC All-Conference Recognition in Baseball- Wyatt Hilligoss, 1st Team Position Player LPC All-Conference Recognition in Baseball- Dalton Vanausdoll, 1st Team Pitcher LPC All-Conference Recognition in Baseball- Clay Seal.

Softball: Honorable Mention Position Player LPC All-Conference Recognition in Softball - Kaci Beachy,

2nd Team Position Player LPC All-Conference Recognition in Softball - Mackenzie Condill, 1st Team Position Player LPC All-Conference Recognition in Softball - Charley Condill, 1st Team Position Player LPC All-Conference Recognition in Softball - Alisha Frederick, 1st Team Position Player LPC All-Conference Recognition in Softball - Kailee Otto, and 1st Team Pitcher LPC All-Conference Recognition in Softball - Madison Schweighart

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Girls Track: LPC All-Conference Recognition in Track and Field in the 4x200 relay - Ruby Burton,

LPC All-Conference Recognition in Track and Field in the 4x200 relay - Emma Edwards, LPC All-Conference Recognition in Track and Field in the 4x200 relay - Skyler Graham and LPC All-Conference Recognition in Track and Field in the 4x200 relay - Gracie Romine

Boys Track: LPC All-Conference Recognition in Track and Field in the 4x400m relay - Jacob Adcock,

LPC All-Conference Recognition in Track and Field in the 800m and 4x400m, - Lyle Adcock, LPC All-Conference Recognition in Track and Field in the 1600m, 3200m, and 4x400m relay - Logan Beckmier, and LPC All-Conference Recognition in Track and Field in the 4x400m relay - Cruz Hale

Finally, we would like to recognize two additional accomplishments of our student-athletes.

Receiving All-Region recog-

niton by the Illinois Baseball Coaches Association at pitcher - Clay Seal and

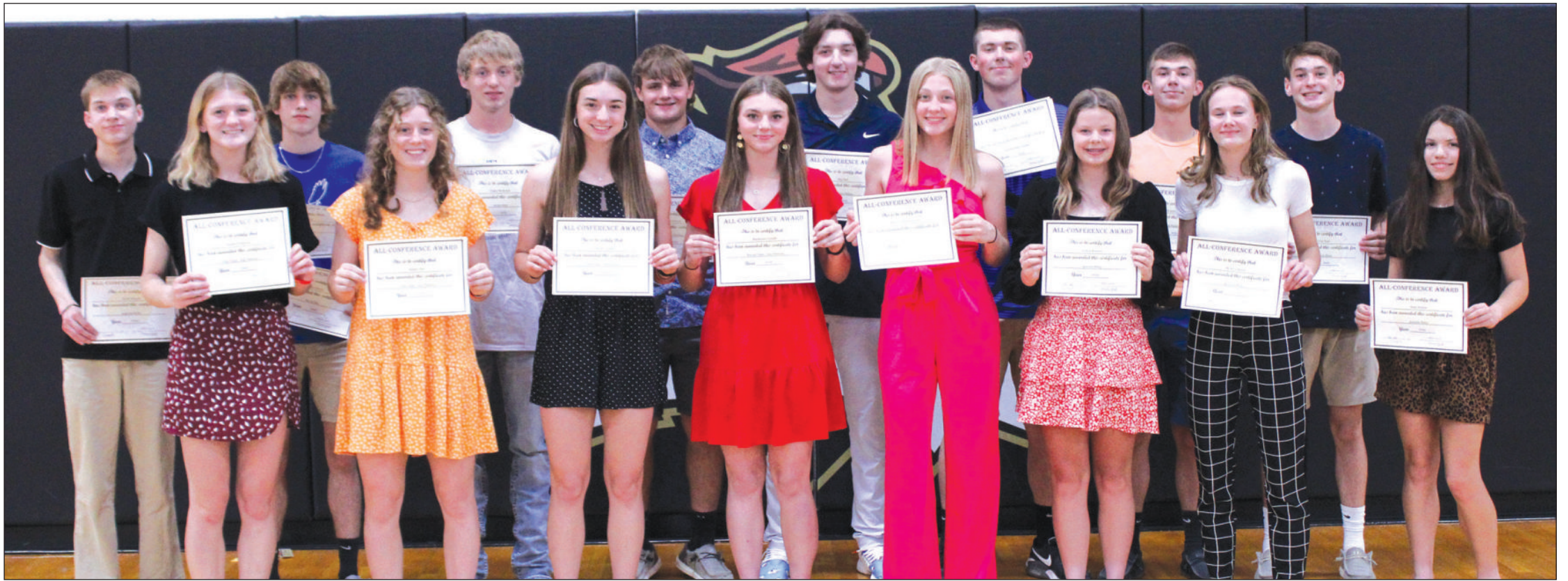
Earning All-State recognition with his 5th place finish in the 3200m run at the IHSA state finals - Logan Beckmier.

Before starting the individual sport awards, AD Seal took a moment to thank Coach Lyle Dorjahn. Mr. Seal had this to say, "As most of you are already aware, Coach Dorjahn has decided to retire from coaching. "Coach Dorjahn has led our cross country program to great success including multiple conference, regional, and sectional championships and a state final runner up trophy and has been instrumental in the successes of our track program, specifically with the distance runners. Thank you for your energy, your passion, and your love for our student-athletes. You have made a positive impact in the lives of the athletes you have coached and we wish you the very best in your retirement." Mr. Seal then presented a plaque to Coach Dorjahn which, as he said, was a small token of our appreciation.

Coach Dorjahn then took the mic to thank everyone, saying, "unlike most of the coaches here who are also educators I started out as a pig farmer and then became a feed salesman which was more profitable and then four years ago fell into coaching." He told the story of how he told his three current seniors, Jacob and Lyle Adcock and Logan Beckmier along with their teammates at the time Jace Green and Layton Hall how he thought they could be state champions. They were not believers at first but with hard work and hundreds of miles they did finish as Runners Up in State Cross Country. They have carried on a legacy that was started many years ago with people like Mike Dyer, John Jess and Logan and Layton Hall in the program. And in every case "It was about expectations. Don't be afraid to raise the bar, put pressure on the athletes, that's what life is about, and expect excellence!" Lyle ended with "It's been a treat!!!!" He received a standing ovation from those in attendance.



Softball awards were presented to these Knights' players at the Athletic Awards night last week. From left to right: Kailee Otto, Defensive Player; Alisha Frederick, Offensive Player; Charley Condill, Most Valuable Player; Mackenzie Condill, Most Improved Player; Madison Schweighart and Layla Deel, Special Achievement Player; and Anna Rawlins, Rookie Player.



These athletes hold their Lincoln Prairie All Conference certificates for the spring sports of baseball, softball, and boys and girls track and field. Complete details of their honors can be found in the Athletic Awards night article elsewhere in the paper. Front row from left to right: Alisha Frederick, Kailee Otto, Charley Condill, Mackenzie Condill, Madison Schweighart, Grace Romine, Skyler Graham and Ruby Burton. Back row: Jacob Adcock, Lyle Adcock, Logan Beckmier, Maddix Stirrett, Clay Seal, Wyatt Hilligoss, Will Hilligoss, and Cruz Hale. Not pictured: Dalton Vanausdoll, Kaci Beachy, and Emma Edwards.



These ALAH Knights participated in three sports during the 2022-23 school year. They were presented with the Tri-Athlete patch or pin at the Athletic Awards night last week. Front row: Charley Condill, Mackenzie Condill, Kori Klay, Lindsay Rohacs, Grace Romine, Kimberly Krutsinger, Ruby Burton, Anna Rawlins and Addison Yeakel. Back row: Logan Schrock, Nathan Hale, Ryan Appleby, Clay Seal, Maddix Stirrett, Easton Frederick, August Burton, and Cruz Hale. Not pictured: Tristan Keagle, Trey Strode, Alayna Plank, and Evanger Wiley.