

ALAH RED & GOLD SCRIMMAGE HELD FRIDAY



The ALAH Marching Knights performed one of the numbers from their 2023 competition show at the annual Red Gold scrimmage on Friday, August 18. They will perform at the home football games and will begin their competitions at Eastern Illinois University on September 30.



The 2023 ALAH high school cheerleaders premiered their new school song routine at the Red Gold scrimmage at Wilson Field last Friday. The squad has 15 members and are coached by Head Coach Misty Appleby and Assistant Coaches Brittany Bartley and Lori Jefferson.

The Marching Knights are under the direction of ALAH high school band director Mr. Etyhan Delaughter. Drum majors for the Knights this season are seniors Sarah Rogers and Ashton Boyer. Sarah also sang the National Anthem before the football scrimmage.



A large crowd was on hand last Friday evening to hear the introduction of 185 participants in the ALAH high school fall sports of football, cheer, volleyball, cross country, golf, soccer and marching band. They were entertained by the band, cheerleaders and the annual football scrimmage.



ALAH senior wide receiver Connor Nettles goes up to pull down a pass from varsity quarterback Jayce Parsons at the annual Red Gold scrimmage last Friday. Connor would take the ball into the end zone for the first score of the scrimmage.



Knights defenders #50 Nate Hale and #28 Brayden Leech wrap up quarterback Jayce Parsons in the varsity Red Gold scrimmage on August 18. Other defenders are #20 Trey Strode and #11 Cash Hale. Blocking on the play for Jayce is #74 Mackenley Bowles.

