



CABOT TUSCOLA PROVIDED A \$500 donation to the Douglas County Farm Bureau's Ag in the Classroom. Ag in the Classroom works with K-12 education to increase agricultural literacy, the ability to understand and communicate the source and value of agriculture as it affects our quality of life. Ag in the Classroom provides several resources for teaching and understanding of the soil for planting, math and farming, effects of soil erosion, as well as life and seasons on a farm. Pictured from left are Ericka Crist, ag literacy coordinator, Tyler Harvey, DCFB manager, Karey Lynch, human resource generalist for Cabot, and Kelly Whittington, administrative assistant at Cabot.



Cabot's Tuscola became a "Best Friend Sponsor" for CU Down Syndrome Network's Buddy Walk. Buddy Walk was established in 1995 by the National Down Syndrome Society (NDSS) to promote acceptance and inclusion of people with Down Syndrome. The Buddy Walk is Saturday, Sept. 30 from 10 a.m. to 2 p.m. at the Champaign County Fairgrounds, Urbana. CU Down Syndrome Network's (DSN), <https://www.champaigndsn.org/>, mission is to empower individuals, educate families, enhance communities, and celebrate the extraordinary lives of people with Down Syndrome. Pictured from left are Kim Murphy, NA FMO technical manager for Cabot, Mike Moyer, Cabot's production manager, Daniel Cisney, who turns 9 on Sept. 30, Paige Cisney and Scott Cisney,

Lake Land's adult education program offers free GED and ESL classes

Lake Land College's Adult Education program offers free GED and ESL classes with the support of funding from the ICCB Adult Education and Family Literacy grant. These classes help students age 17 or older continue their education and develop valuable employment skills. Lake Land instructors and advisors help students in these courses achieve their academic goals and prepare for successful employment by assisting with résumés and providing access to community resources.

In Lake Land's GED courses, students receive instruction, texts, online resources and practice tests to help enhance

their language arts, social studies and math and science skills in preparation for GED exams. Specialized instructors are also available to provide individualized guidance to ensure all students achieve their learning goals. Lake Land also helps eliminate barriers to completion by covering the cost of two GED exams for all students who regularly attend class. Lake Land College celebrates all who pass the GED with a graduation ceremony in May.

In Lake Land's ESL classes, non-native speakers receive an introduction to the English language and develop the skills needed to function

in American society. Students are immersed in the language via reading, writing, and conversational activities. Students are assessed upon their entrance into the program and are matched to a corresponding level of expertise to ensure a productive and beneficial learning experience.

In both the GED and ESL courses, students begin with an orientation session, where they learn about the classes and take their first assessments. Orientations for Lake Land's GED courses are held the first week of the month in September through November and January through April. Upon completion of the orien-

tation, students can begin attending GED classes at one of the following locations during the Fall 2023 semester:

- Charleston: Eastern Illinois University, Booth Library, Room 4450
- Effingham: Kluthe Center for Higher Education and Technology, 1204 Network Center Dr., Room 203 or 222
- Marshall: Eastern Region Center, 224 S. 6th St.
- Mattoon: Workforce Development Center, 5001 Lake Land Blvd., Room 105
- Pana: Western Region Center, 600 E. 1st St.
- Paris: Old Paris High School, Corner of South Central and West Crawford, Entrance S6

- Shelbyville: First Assembly of God, 108 S. Oak St.
- Sullivan: Sullivan High School, 725 N. Main St., Room 14

For Lake Land's public ESL courses, orientations are held the second week of the month in September through November and January through April. Upon completion of the orientation, students can begin attending ESL classes in one of the following locations during the Fall 2023 semester:

- Arthur: Arthur Public Library, 225 S. Walnut St.
- Charleston: Newman Center, 500 Roosevelt Ave.
- Effingham: Kluthe Center for Higher Education and Technology, 1204 Network Center

- Dr.
- Marshall: Eastern Region Center, 224 South Sixth St.
- Mattoon: Workforce Development Center, 5001 Lake Land Blvd.

To view the full orientation and class schedules for both the GED and ESL courses, visit <https://www.lakelandcollege.edu/adult-education/>.

To see if these programs may be right for you or someone you know, call the Adult Education line at 217-238-8292 to speak with an Adult Education representative, or contact Shannon McGregor, director of adult and alternative education, at 217-238-8383 or at smcgregor2@lakelandcollege.edu.

HOROSCOPES

ARIES – Mar 21/Apr 20
Aries, a goal you have been working toward is nearing completion. Take time to reflect on all it took to make the goal come to fruition.

TAURUS – Apr 21/May 21
Taurus, try to get away on a vacation, even if it's just a weekend jaunt. There's never been a time you could use a little getaway more than right now. Push this into the priority zone.

GEMINI – May 22/June 21
Gemini, it is time to get more move-

ment into your daily activities. Don't you want to be in the best possible health? Incorporate more exercise gradually with activities you enjoy.

CANCER – Jun 22/Jul 22
A partnership will get even stronger this week, Cancer. It could be a relationship with a spouse or even a business partner. You'll benefit from this added strength.

LEO – Jul 23/Aug 23
You may take immense pleasure from doing mundane chores this week, Leo. Washing windows, organizing

the garage, sorting through unused clothes ... these are all things to keep busy.

VIRGO – Aug 24/Sept 22
Your chart lands you in the sector of romance, creativity and passion this week, Virgo. Embrace all of these elements in your life to the fullest.

LIBRA – Sept 23/Oct 23
Libra, even though you have been a veritable social butterfly lately, you may need to rest your wings for a little bit this week. Slow down and stick closer to home.

SCORPIO – Oct 24/Nov 22
Scorpio, people might be quick to call you mysterious this week, but you just might be an open book. Share as much as you desire with others.

SAGITTARIUS – Nov 23/Dec 21
Sagittarius, define what you consider valuable, then do everything in your means to pursue those things. Setting goals can help.

CAPRICORN – Dec 22/Jan 20
Capricorn, get ready to take center stage these next few days and bask in the limelight. Everyone seemingly

wants to get a piece of you and you might be pulled in different directions.

AQUARIUS – Jan 21/Feb 18
You are coming off of a season of easy living, Aquarius. But don't expect the apple cart to be upset. The times of smooth sailing have only just begun.

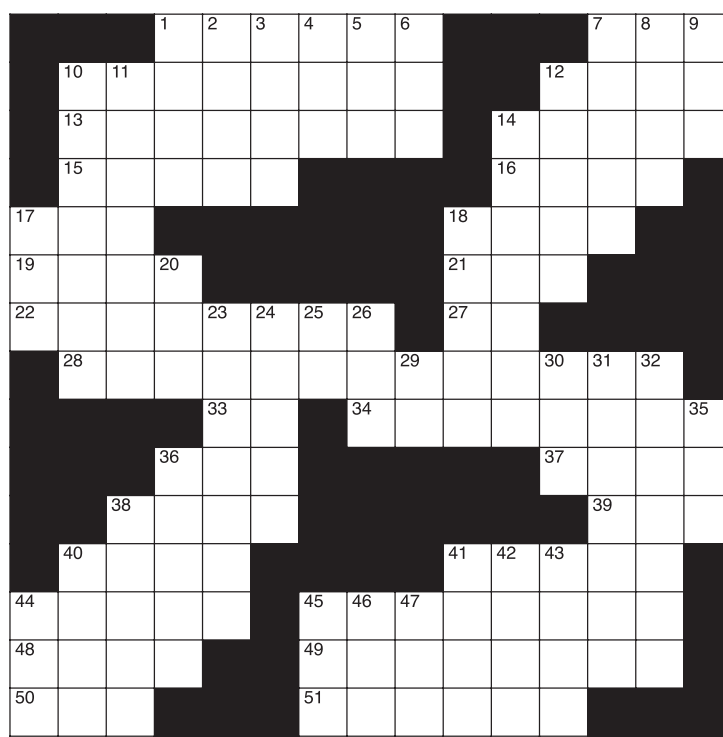
PISCES – Feb 19/Mar 20
It's all about team spirit right now, Pisces. Don't do anything alone for the next several days. You need people in your corner cheering you and others on.

PUZZLES

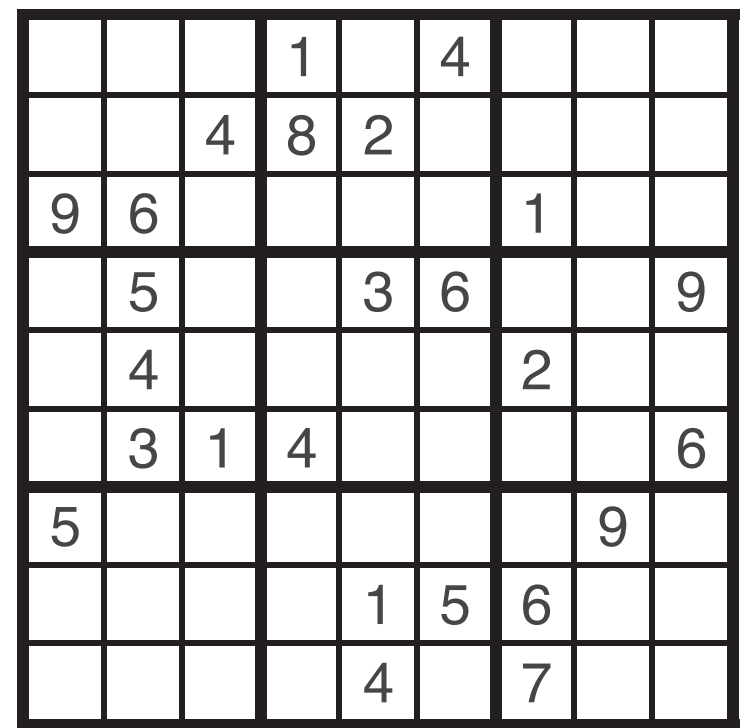
CROSSWORD CLUES

- CLUES ACROSS**
- Type of crayon
 - Fashion accessory
 - Most cerebral
 - Incline from vertical
 - Dependent on
 - Broken in
 - Strongly desires
 - Mounted soldier
 - Ad __: when necessary
 - Cattle
 - Ottoman military commanders
 - __ student, learns healing
 - Composed in poetic meter
 - Promotional material
 - Where people live
 - Sodium
 - Embarrassing
 - Medical man
 - Mother of Hermes
 - One who saves the day
 - Tooth caregiver
 - Not clothed
 - Slope covered with loose stones
 - Used to cook
 - Praises enthusiastically
 - Rooney is a famous one
 - Beekeeper
 - Pigpen
 - Potato chip brand
- CLUES DOWN**
- Living quarters
 - Horizontal passage
 - Attacks
 - Vietnamese offensive
 - Midway between east and southeast
 - Confined (abbr.)
 - Book of Esther antagonist
 - Port in Yemen
 - CNN's founder
 - Type of bulb
 - Prepare
 - Promoted
 - Dinner jackets
 - Partner to cheese
 - Nebraska city
 - Human gene
 - Pays no attention to
 - Lowland South American plain
 - Blood group
 - Mauna __, Hawaiian volcano
 - Atomic #37
 - Unit of electrical resistance
 - Jeweled crowns
 - Nastiest
 - Traditional cars need it
 - Bowler hat
 - Robust
 - Not straight
 - Stony waste matter
 - Have an interest in
 - Jacob __, journalist
 - Maintains possession of
 - Swiss river
 - Average cost of market goods
 - Spanish soldier: El __

CROSSWORD



SUDOKU



FAMOUS BIRTHDAYS

- SEPTEMBER 10 Niall Horan, Singer (30)
- SEPTEMBER 14 Misty Copeland, Dancer (41)
- SEPTEMBER 11 Andrew Lincoln, Actor (50)
- SEPTEMBER 15 Tyler Hoechlin, Actor (36)
- SEPTEMBER 12 Tommy Lee Jones, Actor (77)
- SEPTEMBER 16 Kelsea Ballerini, Singer (30)
- SEPTEMBER 13 Amy Poehler, Comic (52)



SOLUTIONS

