

# ALAH HIGH SCHOOL VOLLEYBALL IN ACTION



Nadia Mason bumps the ball up in the Knights' freshman game with the Cerro Gordo Bement Broncos on Thursday, September 14. Watching Nadia's hit are Morgan Casteel, behind, and Halle Wardrip to Nadia's right.



Skyler Vorck, a junior on the ALAH jr. varsity volleyball team bumps the ball up to the front row in the match at Cerro Gordo last week. The JV squad won the match in three very close games, taking the first 25-20 and dropping the second by the same score. In the third and deciding game, the Knights were down 7-0 at one point and then 11-7 in a fifteen point match but fought back to win the game 15-13.



ALAH junior Sara Herschberger hits the ball over the net in the varsity match with the Cerro Gordo Bement Broncos on September 14. On the court watching Sara are fellow juniors, #28 Alayna Plank and #19 Addison Yeakel along with #11 freshman Brynlee Moore. Sara's point on the play brought the Knights to within three of the Broncos at 20-23. The Knights will be in action at home on the 19th and then travel to Okaw Valley on the 21st.



Knights freshman #15 Morgan Casteel sets the ball up in the freshman game at Cerro Gordo last week. #23 Sophie Monts and Halle Wardrip are also on the court. The freshman squad won both games against the Broncos.



Knights junior Kat Perez hits the ball over the net in the jr. varsity match with the CGB Broncos last Thursday. Emma Forman and Halle Wardrip #30 watch Kat's hit. The Knights were to play Cumberland on September 19 and travel to Okaw Valley on September 21.



Knights junior Addison Yeakel goes high to tap the ball over the net for a point in the varsity contest with CGB last week, with teammates #28 Alayna Plank and #11 Brynlee Moore watching. The play made the score 23-24 in favor of the Broncos. After losing the first game 2-5 the Knights played a much better second game but did eventually fall to CGB in two games. The Knights overall record is now 5-8 with a 2-1 Lincoln Prairie Conference record.



## ALAH Sports Scoreboard



### Varsity Volleyball September 11

ALAH defeated Tri-City/Sangamon Valley 25-19, 25-16  
Record 4-7, Conference record 1-0

ACES: Karaline Vanausdoll, 2; Brynlee Moore, 1; KILLS: Summer Melton, 10; Hannah Carter, 4; Alayna Plank, 4; Savannah Butcher 3; Mackenzie Condill, 3; Addison Yeakel, 2; Maggie Benedict, 2; BLOCK KILLS: Maggie Benedict, 2; DIGS: Karaline Vanausdoll, 11; Hannah Carter, 4; Summer Melton, 4; Mackenzie Condill, 2; Brynlee Moore, 2; Alayna Plank, 1; Sara Herschberger, 4; ASSISTS: Alayna Plank, 22; Sara Herschberger, 2

JV defeated Tri-City/Sangamon Valley 25-13, 25-12

Freshman won a timed game 21-20

### Varsity Volleyball September 12

ALAH defeated Sullivan 25-13 and 25-12  
Record 5-7; Conference record 2-0

ACES: Karaline Vanausdoll, 1; Alayna Plank, 1; KILLS: Summer Melton, 5; Addison Yeakel, 3; Maggie Benedict, 3; Mackenzie Condill, 2; Hannah Carter, 2; Savannah Butcher, 2; BLOCK KILLS: Summer Melton, 1; Savannah Butcher, 1 assist; Alayna Plank, 1 assist; DIGS: Karaline Vanausdoll, 4; Summer Melton, 4; Alayna Plank, 2; Sara Herschberger, 2;

Mackenzie Condill, 2; Maggie Benedict, 1; Savannah Butcher, 1; ASSISTS: Alayna Plank, 17  
JV defeated Sullivan 25-22 and 25-19

### Varsity Volleyball September 14

ALAH lost to Cerro Gordo Bement 8-25 and 23-25  
Record 5-8; Conference record 2-1

ACES: Karaline Vanausdoll, 1; KILLS: Summer Melton, 2; Brynlee Moore, 2; Addison Yeakel, 1; Mackenzie Condill, 1; Maggie Benedict, 1; BLOCK KILL: Addison Yeakel, 2, 1 assist; Emma Forman, 1 assist; DIGS: Karaline Vanausdoll, 9; Summer Melton, 6; Alayna Plank, 5; Sara Herschberger, 4;

Mackenzie Condill, 2; Brynlee Moore, 2; Skyler Vorck, 1; ASSISTS: Alayna Plank, 6; Karaline Vanausdoll, 1

JV defeated Cerro Gordo Bement 25-20, 20-25 and 15-13

### ALAH Cross Country September 16 at 46th Annual Tuscola Classic

Girls finish 9th in team standings in Girls 3 Mile Varsity

Individual results: Ruby Burton, 22, 21:18.31; Kimberly Krutsinger, 30, 22:13.24; Embrey Reardon, 55, 23:42.34; Josie Carrillo, 89, 25:35.0; Kenzie Edwards, 36:15.27

Boys 3 Mile Varsity: Owen Herring, 170, 23:25.20

### Golf

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#### Decatur Unity Christian

Team scores: 1. Arcola 174  
Individual medalist: Canton Wesch, Arcola/ALAH 35

Other Arcola/ALAH scores: Kody Burdick 44, Kendall Schrock 47, Landen Franklin 48, Kole Binder 55, Cameron McGill 69

#### Sept. 12 hosted Tuscola, Windsor/Stewardson- Strasburg

Team scores: 1. WSS 167; 2. Arcola/ALAH 182, 3. Tuscola 184

Individual medalist: Kendall Schrock, Arcola/ALAH 39

Other Arcola/ALAH scores: Wesch 42, Burdick 48, Binder 53, Max Rardin 58

#### Girls results

Sept. 13 hosted Tri-County,  
Decatur Unity

Team scores: Arcola/ALAH 242

Individual medalist: Brooklyn Gingerich 58

Other Arcola/ALAH scores: Claire Seal 60, Megan Miller 61, Avery Alexander 63, Jaiden Miller, C.C. Davis 69

#### September 12 hosted Tuscola, Windsor/ Stewardson-Strasburg

Team scores: Arcola/Arthur Lovington Atwood -Hammond 232, Windsor/Stewardson-Strasburg 252

Individual medalist: Davis 53

Other Arcola/ALAH scores: Jaiden Miller, Megan Miller 58, Gingerich 63, Seal 64, Alexander 65