

Notable moments in the life of Martin Luther King, Jr.

Few individuals in American history have made an impact as sizable as Martin Luther King, Jr. King wore many hats throughout his tragically short life, from minister to activist to scholar, leaving behind a legacy that is worthy of celebration.

Though King was assassinated before he even reached his fortieth birthday, his life was filled with many notable events. Many of those events positively affected, and continue to affect, the lives of millions of others. The Martin Luther King, Jr. Research and Education Institute at Stanford University notes that the following are some of the major events of King's life.

- January 15, 1929: Now commemorated annually as Martin Luther King, Jr. Day (in 2023, the holiday is observed on Monday, January 16), January 15 marks the day King was born in 1929. King was born in Atlanta, where his father was a pastor at the Ebenezer church.

- September 20, 1944: Despite being only 15 years old, King begins his freshman year at Morehouse College. King was only a high school junior in 1944, but he was admitted to Morehouse,



where his father studied for his ministerial degree, after passing the school's entrance exam.

- August 6, 1946: King's letter to the editor of The Atlanta Constitution is published. The letter reflects King's belief that Black Americans are entitled to the same rights and oppor-

tunities as White Americans. King's father later admitted this letter was the first time he and his wife recognized their son's "developing greatness."

- February 25, 1948: Following in his father's footsteps, King is ordained and appointed assistant pastor at Ebenezer Baptist Church

in his hometown of Atlanta.

- June 8, 1948: King earns his bachelor of arts degree in sociology from Morehouse College.

- May 6-8, 1951: King graduates from Crozer Theological Seminary in Chester, Pennsylvania. He delivers the valedictory address during the graduation ceremony.

- June 18, 1953: King marries Coretta Scott near the bride's family home in Marion, Alabama. Coretta Scott King would also become a vocal activist, advocating for peace and gay rights and expressing her opposition to apartheid in the 1980s. She would not remarry after her husband's assassination.

- June 5, 1955: King earns his doctorate in systematic theology from Boston University.

- December 5, 1955: King becomes president of the Montgomery Improvement Association after the organization is formed at the Holt Street Baptist Church. MIA is formed in response to the arrest of Rosa Parks five days earlier after she refused to vacate her seat for a white passenger.

- January 27, 1956: A threatening phone call late

in the evening inspires King to carry on with his activism.

- January 30, 1956: King's home is bombed while he is elsewhere delivering a speech. His wife and daughter are not injured in the blast.

- January 10-11, 1957: King is named chairman of what becomes the Southern Christian Leadership Conference (SCLC), which was an organization of southern black ministers working together to combat segregation.

- June 23, 1958: King and other leaders meet with U.S. President Dwight D. Eisenhower in Washington, D.C.

- September 17, 1958: Stride Toward Freedom: The Montgomery Story is published. It is King's first book.

- September 20, 1958: King survives a stabbing during a book signing in Harlem, New York. During a surgery after the stabbing, doctors remove a seven-inch letter opener from King's chest.

- April 16, 1963: King writes his "Letter from Birmingham Jail" in response to criticisms of the Birmingham Campaign, a collective effort on the part of the SCLC and the Alabama Chris-

tian Movement for Human Rights (ACMHR) to combat segregation in the Alabama city. The letter becomes one of King's most famous writings.

- August 28, 1963: King delivers his "I Have a Dream" speech during the March on Washington for Jobs and Freedom.

- January 3, 1964: King is named "Man of the Year" by Time magazine.

- December 10, 1964: King receives the Nobel Peace Prize in Oslo, Norway.

- March 17-25, 1965: King helps to lead civil rights marchers from Selma to Montgomery.

- June 7, 1966: King and other leaders resume James Meredith's "March Against Fear" from Memphis to Jackson, Mississippi. Meredith was unable to continue after he was shot and wounded.

- April 3, 1968: King delivers his final speech, "I've Been to the Mountaintop," as he returns to Memphis to lead a peaceful march of striking sanitation workers.

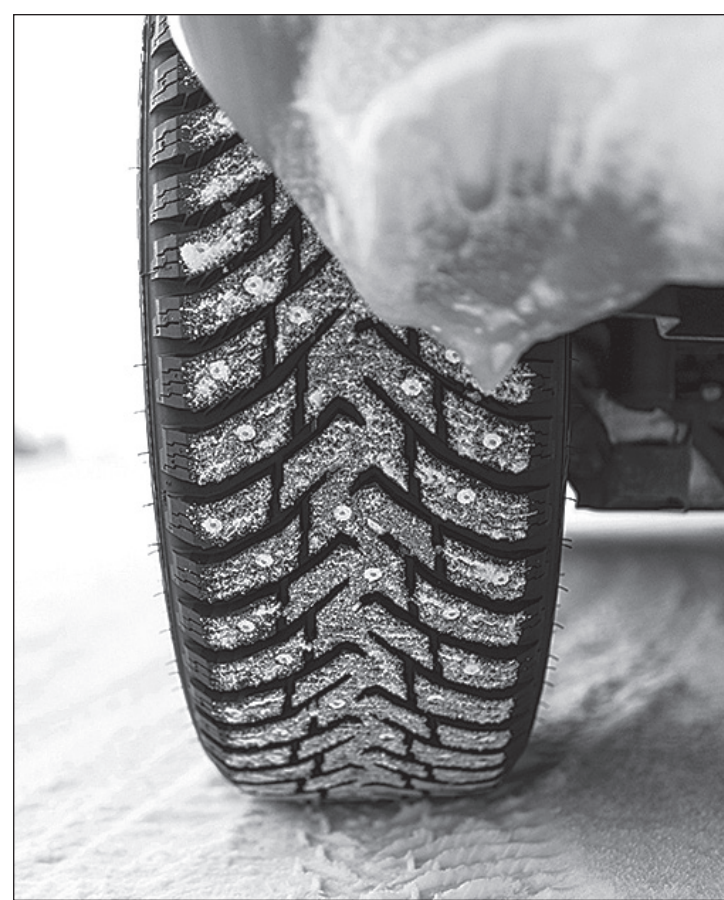
- April 4, 1968: King is shot and killed on the balcony of the Lorraine Motel in Memphis. He is buried in Atlanta five days later.

It isn't too late to prepare your car for winter

Summer and fall can stake their claim as road trip season, and even devoted drivers may admit that winter is generally a less desirable time to take to the open road. The elements factor heavily into that reputation, as fewer hours of daylight, snow and ice are just some of the variables that can make it less enjoyable, and potentially more dangerous, to drive in winter.

In anticipation of adverse driving conditions, vehicle owners can take various steps to prepare their cars and trucks for winter.

- Upgrade your wiper blades. Perhaps nothing is compromised more than visibility when driving in winter compared to other times of year. Snow makes it hard to see when driving, but fewer hours of daylight also can affect visibility. In



fact, the Insurance Institute for Highway Safety reports that approximately half of all fatal crashes occur between 6 p.m. and 6 a.m., even though the number of drivers on the road during those hours is considerably lower than it is during the daytime. The difficulty of driving at night is even more significant when wiper blades are not up to the task of keeping rain and snow off drivers' windshields. Prior to winter, inspect wiper blades and upgrade them, if necessary. Streaks left on a windshield are a telltale sign that blades need to be replaced.

- Purchase winter tires. Winter tires may not be necessary in regions with relatively mild winters. However, drivers accustomed to winters marked by heavy snowfall and/or icy roads should consider replacing

their existing tires with winter tires. Many newer vehicles are now equipped with all-season tires, which the tire experts at Bridgestone note provide great performance but are not designed to handle extreme winter conditions like snow and ice. Winter tires are specially designed to handle such conditions, making them a worthy investment for drivers who live in regions where it's not unusual to encounter snow and ice throughout the winter.

- Study up on your engine oil. Some vehicle manufacturers recommend different grades of oil depending on the range of temperatures a car or truck will be driven in. The owner's manual will likely indicate if the manufacturer recommends using a different type of engine oil in especially cold tempera-

tures. Even if the manual does not include such a suggestion, drivers can seek the advice of a local mechanic.

- Schedule a pre-winter tuneup. Even if a vehicle is not due for a tuneup, it can be wise to have it looked over by a local mechanic before the arrival of harsh winter weather. A mechanic can check the radiator, hoses and other components that could be affected by especially cold weather in the months to come. If any issues are found, address them immediately. After all, it's better to be proactive than leave yourself vulnerable to breakdowns or other issues once the mercury drops.

As fall gives way to winter, drivers can take steps to keep their cars running strong and safe in the months ahead.

City

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ment project, bid the lowest at \$18,700. The city has given the approval to begin work Jan. 9, which includes two "line stops."

The city has begun discussions for Phase two of the downtown improvements project. Clark Dietz provided the fee estimate of \$119,620 for engineering services. This includes survey, design, permitting, and bidding for Phase two.

Phase two will include the completion of the alley behind the Community Building, the green space adjacent to the Community Building and the paving of two blocks of alley immediately east across Main Street from the two completed in Phase one.

Preliminary construction cost estimates for Phase two are \$820,000.

The City Council approved an extension for the agreement with the Tuscola Chamber and Economic Development. In the agreement, which has been in effect for several years, the City pays Brian Moody \$100,000 annually toward his salary and benefits. The authorization expired Dec. 31, 2022, and will be extended to Sept. 30, 2023.

The funds for the agreement come from revenue generated by TIF districts, which recently expired.

The city is currently exploring alternative funding structures and sources due to the recent TIF district expiration.

Hoel said he is soliciting proposals for the demolition of the Castle Mall property, which are due Friday, Jan. 20. He said proposals should be ready at the next City Council meeting.

The Council approved the payment of \$1,278 to Donohue & Associates for the final invoice for the Joint Water Agency project. Everything except 1% retainage has been paid, which roughly equals \$8,000.

City Council approved an increase of part-time retired patrol officer wages to \$25 per hour. This would currently only affect Officer Butch Hall, who has been filling shifts for the police department.

City Council approved permission for a monster-truck demonstration as part of the RC fest 2023. According to an email sent by the event organizer, the possibility of the monster-truck demonstration is "still in the air" but logistics are being planned.

The truck would follow MTRA rules and regulations and would be in the open area of the south side of the park with a 350x150 area blocked off.

The bid for the old street department truck will open Jan. 10 and the street department building addition bid is scheduled to open Jan. 19.

What do you know about the common cold

Colds are the result of more than 200 different viruses, according to Johns Hopkins Medicine. Adults experience an average of two to three colds per year, and rhinoviruses cause most of them. The American Lung Association states that colds are minor infections of the nose and throat. Despite typically producing only mild illness, colds account for more visits to the doctor than any other condition in the United States.

People will experience many colds in their lifetimes, and this true or false quiz can test their knowledge about them.

1. Colds are highly contagious.

True: Colds most often spread when droplets of fluid that contain the cold virus are transferred by touch or inhaled.

2. Cold weather or being chilled causes colds.

False: While many colds occur during seasons when the weather is cold, transmission is likely higher then due to people staying indoors, and thus closer to one another, when temperatures dip. But the cold air itself has nothing to do with the cold.

3. Antibiotics are a known remedy for a cold.

False: Antibiotics treat bacterial infections, while colds are viral. That means



antibiotics will be ineffective at helping a person recover from a cold.

4. Rhinoviruses that cause colds also can trigger asthma attacks.

True: These rhinoviruses also have been linked to sinus and ear infections.

5. Colds are sometimes serious for people.

True: People with weakened immune systems, asthma or conditions that affect the lungs and breathing passages may develop serious conditions, even pneumonia, from colds that linger.

6. Colds can't be caught from shaking hands.

False: Colds can be transferred through touch, including shaking hands. It's recommended to wash hands often with soap and water for at least 20 seconds or to use an alcohol-based hand sanitizer that contains at least 60 percent alcohol.

7. You feed a cold and starve a fever.

False: Harvard Medical School says there is no need to eat more or less than usual if you have a cold or flu. However it is important to increase fluid intake to avoid dehydration. 8. Vitamin C, zinc, eucalyptus, garlic, and others are not proven cold remedies.

True: Various herbs, minerals and other products

have gained a reputation as cold remedies but there are no scientific studies that support such assertions.

9. One should avoid caffeine or alcohol while experiencing a cold.

True: Alcoholic and caffeinated beverages can lead to dehydration, which is the opposite of what the body needs to recover.

56th Annual St. Thomas Pancake & Sausage Breakfast & Tiger Raffle

Our breakfast will take place on Sunday, January 15th, from 7:00 a.m. to 1:00 p.m. in the John Schumacher Gym at St. Thomas School. Please plan on attending, and make sure you invite all family and friends to this delicious event.

Whether you are near or far, you can participate!

Purchase a chance to win CASH
1 ticket for \$25
or
6 tickets for \$100 (2 free tickets)

PRIZES
\$4,000
\$2,500
\$1,000
\$500

4 WAYS TO RETURN TICKETS
(in the provided envelope)

- Place in the Sunday collection
- Drop off in the school office
- Mail in by Jan. 25 to ensure delivery before drawing
- Bring to Pancake & Sausage Breakfast on 1/15/23

Drawing will be held Friday, February 3rd.

* This annual fundraiser helps keep our tuition rates affordable for our parents in PK-8th grade. *



QUESTIONS
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