

Martial Arts Displayed on Main Stage

Watch amazing feats of strength and power as children, youth and adults split blocks of wood with their bare hands and feet!

Come on over to the Main Stage on Front Street to be mesmerized, entertained and astonished by the strength, talent and determination from a group of local and non-local members of Northwest Martial Arts.

The demonstration of technique, skill and strength is being presented during Potato Days on Friday, August 23, from 3:30 to 4:00 p.m.

The instructors are the most qualified and successful in the region.

Master Roy is a Ninth Degree Black Belt with 43 years of experience. He is a licensed Physical Ed teacher and a 14 time US National medalist.

Master Teresa is a Seventh Dan with 37 years experience. She is a 12 time US National medalist.

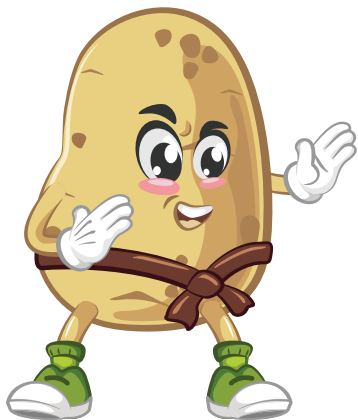
Together they have coached over 200 US National Medalist and the only US National team member from ND.



SPUD JOKE

Did you hear about that potato that had its head chopped off?

Answer:
It was decap-potatoed.





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