

Yard sale, political and other promotional signs are restricted on right of way

Illegally placed items are subject to removal

Illegally placed items along state-maintained right of way areas are subject to being removed. Political campaigns, residents, business operators and property owners along US and KY routes are reminded no signage is allowed on right of way other than official highway signs and items approved through a

permit process. Non-permitted signs can create additional hazards by blocking sight distance or distracting drivers, particularly at intersections.

Requests have been received to clear non-permitted signs from right of way areas across the district. With elections and organized yard sale events com-

ing up, anyone wanting to place such signage must do so beyond roadway right of way limits. Along routes with a right of way fence, the fence is included with the restriction and no signage may be attached. In addition to signs, right of way restrictions also apply to yard sales and peddling activities and

associated parking. It is also illegal to attach signs or items such as flyers, posters, balloons or streamers to stop signs, highway markers or any other road sign or utility pole. Illegal placement on utility poles presents additional obstacles and potential dangers for utility crew workers. Removed items will

be taken to each county's KYTC maintenance facility and held for a short period of time. Unclaimed materials will be trashed or recycled. If you have questions related to legal/illegal sign placement, please get in touch with the Permits Section at KYTC District 4 in Elizabethtown: 270.766.5066.

KYTC District 4 serves Breckinridge, Grayson, Green, Hardin, Hart, LaRue, Marion, Meade, Nelson, Taylor and Washington counties. With nearly 3,000 miles of roadway to maintain, we greatly appreciate cooperation within each community regarding illegally placed items along right of way areas.

Aprils' "Our Healthy Kentucky Home" focuses on teen and young adult health

By MELISSA PATRICK
KY HEALTH NEWS

The focus of April's "Our Healthy Kentucky Home" initiative is teen and young adult health.

This will be the focus of the initiative, which is in its second year, over the next few months, Health Secretary Dr. Steven Stack said at an April 2 news conference.

Stack said the initiative works to promote simple and attainable goals to help Kentuckians achieve better health, such as eating at least two servings of fruits and vegetables every day, exercising at least 30 minutes three

times per week and by engaging with others to stay socially connected. He added that these foundational principles also work for teens as young adults.

"These years are critical for shaping lifelong habits, and by adopting these everyday practices early, folks can create a strong and lasting foundation for their physical, mental and emotional well-being," he said.

Stack said fruits, vegetables, whole grains and lean proteins provide energy, focus and growth during these important developmental years.

"Even small adjustments, like adding a

fruit or vegetable to each of your meals, drinking water rather than sugary drinks and choosing snacks like nuts, yogurt, and whole grains can have a helpful benefit and impact over time," he said.

Stack also encouraged teens and young adults to engage in at least 30 minutes of activity three times a week, noting that this can "significantly improve both your physical and mental health."

"The good news is that staying active doesn't have to be complicated or expensive, whether it's playing sports, dancing, walking with friends

or taking short movement breaks between classes or screen time, activity can be naturally woven into daily routines," he said.

Stack pointed to school sports, the Kentucky YMCA and Kentucky 4-H as places that provide safe spaces for young people to stay active, while also building confidence and connections.

He also stressed the importance of healthy social connections.

"In today's fast-paced and often digital world, maintaining meaningful connections is more important than ever," Stack said. "Strong social connections help protect mental health,

foster resilience and create a sense of well-being. This can be as simple as joining a club or a team, volunteering or checking in on a friend."

Stack pointed to a program that works to help young people grow and build relationships called Kentucky Youth Thrive, for young people aged 9 to 26. He said to go to healthykyhome.ky.gov or email youth.thrive@ky.gov to find an active program near you, or to learn how to activate this program in your community.

And if you are struggling, Stack reminded folks, "It's OK to not be OK." He then pointed to the 988 Suicide & Cri-

sis Lifeline, which provides free, confidential support, 24 hours a day, seven days a week, 365 days a year. The lifeline can be reached by call, text or online chat.

"It is an essential resource to ensure no one has to face challenges alone," he said.

"These small, everyday choices add up. When teens and young adults eat better, move more and stay connected, they build resilience that supports them, physically, mentally and emotionally," Stack said. "These habits don't require perfection; they simply require intentional effort and consistency over time."

State's unemployment rate higher than national average

TOM LATEK
KENTUCKY TODAY

Kentucky's annual unemployment rate for 2025 was 4.6 percent, according to the Kentucky Center for Statistics (KYS-TATS), an agency of the Kentucky Education and Labor Cabinet.

This compares to a nationwide average unemployment for last year of 4.3 percent.

The U.S. Bureau of Labor Statistics' (BLS) estimate of the number of employed Kentuckians for 2025 was 2,018,309. The number of unemployed Kentuckians for 2025 was 97,280. In 2025, the estimated number of Kentuckians in the civilian labor force was 2,115,589.

Labor force statistics, including the unemployment rate, are based on estimates from the Current Population Survey (CPS) of households. The survey is designed to measure trends in the number of people working. It includes jobs in agriculture and individuals who are self-employed.

Kentucky's unemployment rate for 2025 was higher than

39 states, lower than eight states and equal to two states. California had the highest unemployment rate in 2025 at 5.5 percent. South Dakota had the lowest rate at 2.1 percent. Kentucky along with Illinois and Ohio had the highest unemployment rate among its surrounding states.

In a separate federal survey of business establishments that excludes jobs in agriculture and people who are self-employed, Kentucky's nonfarm annual average payroll employment in 2025 decreased by 3,400 or 0.2% to 2,033,100 jobs.

"The business survey suggests that the labor market weakened during 2025," said Mike Clark, director of the University of Kentucky's Center for Business and Economic Research (CBER). "The revised estimates show that employers reduced their average annual payrolls by 3,400 jobs. Job losses occurred across most major sectors but were largest in the manufacturing sector. These losses were partially offset by gains in the private educational and health

care services sector and the government sector, which includes public education, public administration agencies and state-owned hospitals."

"Most of the jobs losses for the year occurred in Kentucky's durable goods manufacturing sector," said Clark. "Employment at non-durable goods manufacturers made some initial gains early in the year but lost ground as

the year progressed."

Unemployment statistics are based on estimates and are compiled to measure trends rather than counting

the number of people working. Civilian labor force statistics include non-military workers and unemployed Kentuckians who are

actively seeking work. They do not include unemployed Kentuckians who have not looked for employment within the past four weeks.

PUBLIC NOTICE

Notice is hereby given that Sean and Elizabeth Varga 2613 Meadow Dr., Louisville, KY 40220 have filed an application with the Energy and Environment Cabinet to place a 32 x 14' cabin with a 32 x 6' porch on the property located at 204 S. 1st St., Greensburg, KY. The nearest intersection is Columbia Avenue and S. 1st St. It will be located approximately 12 feet from unnamed stream. Any comments or objections can be submitted via email to: DOWFloodplain@ky.gov Kentucky Division of Water, Floodplain Management Section 300 Sower Blvd., Frankfort, KY 40601. Call 502-564-3410 with questions.

INVITATION TO BID

Sealed bids will be received by the Green County Board of Education for Athletic Bid Package 1 – Site Concrete & Seating in Greensburg, Kentucky, until 10:00am CT / 11:00am ET on 7 May 2026, at the office of the Board of Education, 402 E Hodgenville Avenue, Greensburg, KY. Bids will be opened and read aloud.

A Pre-Bid Conference will be held on 23 Apr 2026 at 10:00am CT / 11:00am ET at the office of the Board of Education, 402 E Hodgenville Avenue, Greensburg, KY 42743.

Copies of the Bidding Documents may be obtained at Lynn Imaging (lynnimaging.com), 328 Old Vine Street, Lexington, KY 40507, 800-888-0693. There will be no cost to bidders for digital copies. Costs for printed copies and shipping will be bidders' responsibility, and are nonrefundable.

Successful low bidder will be required to provide 100% Performance and Payment Bond for contract signing for all labor and materials (including DPOs – Materials purchased directly from suppliers) as part of this contract. Bid Security equal to 5% of Base Bid will be required, in the form of a Bid Bond, Cashier's Check, or Certified Check. Questions or requests for clarification shall be directed to the Architect. Documents may be viewed at the following locations:

G. Scott & Associates, Architects PLC
314 Wilkinson Street
Frankfort, KY 40601
Phone: 502-875-2290
Fax: 502-875-1307
Contact: Gary Scott
E-mail: mail@gscottarch.archi

Construction Connect
30 Technology Parkway S - Ste 100
Norcross, GA 30092
Phone: 800-364-2059
Fax: 866-570-8187
Contact: Ryan Cahill
E-mail: content@constructconnect.com

Shrout Tate Wilson
Consulting Engineers (Mech/Elec)
628 Winchester Road
Lexington, KY 40505
Phone: 859-277-8177
Fax: 859-277-8372
Contact: Jeff Frohlich
E-mail: jeff.frohlich@stweng.com

Green County Board of Education
402 E Hodgenville Ave
Greensburg, KY 42743
Phone: 270-932-6601
Fax: 270-932-3624
Contact: Will Hodges, Supt.
E-mail: will.hodges@green.kyschools.us

Dodge Data & Analytics
4300 Beltway Place, #180
Arlington, TX 76018
Phone: 817-375-2942
Fax: 347-620-4319
Contact: Lori Bachman
E-mail: lori.bachman@construction.com

Pitman Green LLC
131 N Public Square
Greensburg, KY 42743
Phone/Fax: 270-973-5213
Contact: Brian Ferguson
E-mail: bferguson@pitmangreen.com

Construction Journal
400 SW 7th St.
Stuart, FL 34994
Construction Journal.com
Phone: 772.781.2144
Contact: Mary Ann Duke
E-mail: Bids@ConstructionJournal.com

Builders Exchange of Louisville
2300 Meadow Dr.
Louisville, KY 40218-1372
Phone: 502-459-9800
Fax: 502-459-9803
Contact: Treva Masters
E-mail: tmasters@bxkentucky.com

Builder's Exchange
4350 Glendale-Milford Rd, #120
Cincinnati, OH 45242
Phone: 866-907-6300
Fax: 866-907-6304
Contact: Cyndi Thornton
E-mail: CThornton@bxohio.com

RAI Engineering (Struct)
539 West Market St, Suite #200
Louisville, KY 40202
Phone: 502-589-2212
Fax: 502-589-2240
Contact: Anthony Ehlers
E-mail: anthony@raiengineering.com

The Owner reserves the right to reject any and all bids or to waive any informalities in the bidding. No bid may be withdrawn without the consent of the Owner or forfeit of Bid Security for a period of thirty (30) days subsequent to the date for receipt of bids.

Will Hodges, Superintendent
Green County Board of Education

Deadline for news and advertising

The deadline for all issues, is 2 pm CT Friday

Greensburg
Record-Herald