



Green County 4-H youth and adults that attended summer camp are pictured from the Amphitheater.

Students attend 4-H Summer Camp

Green County Extension Agent for 4-H Youth Development

Sue Ann Loyall

Green County 4-H sent 46 campers and six adult leaders to 4-H Summer Camp at Lake Cumberland 4-H Camp from June 2-5. Participants got to enjoy many activities during camp including swimming, boating, archery, riflery, recreation, high

ropes and low ropes. 4-H Camp would not be possible without the adult leaders who volunteer their time for the week. A special thanks to our adult leaders: Carol Henderson, Heather Moss, Bethany Janes, Steven Janes, Michael Ray and Joey Henderson. Camp fees were lowered due to the efforts of our 4-H Council that covered \$100 of every camper's reg-

istration fee. Twelve campers received additional financial assistance from community partners including FRYSC, Rotary Club and the Green County Community through the Ag Tag program. 4-Hers, if you missed out on the fun at 4-H Camp this summer, plan now to attend next year. The 4-H Camp dates will be set this fall. Camper applications are usually accepted beginning in January.

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Greensburg Rotary speakers



Photo by Clevis Jeffries

Hosparus Health Green River Volunteer Manager Corey Wilson and Community Director Jennifer Thompson were the guest speakers at Greensburg Rotary Tuesday, June 9. They gave an overview of current Hospice services and additional resources available through Everent Health.



Kentucky Commissioner of Agriculture Johnathan Shell spoke at Taylor Regional Hospital's kickoff event to join the statewide Food is Medicine initiative.



Speaking about the collaboration between Taylor Regional Hospital and state Department of Agriculture, TRH CEO Michael Everett, addresses the crowd.

Food is Medicine event

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There were multiple vendors at the event, such as Running Soles, Green River Meats, and Taylor County Farmers' Market plus special guests, state Sen. Max Wise and state Rep. Sarge Pollock. Farmers throughout the state are trying to spread what they are producing, and sharing the purest form of food they have with hospitals. Knowing that individuals within those hospital buildings need healthy food to help make their bodies better. "When you think about all the consumption that we do in agriculture, it happens inside of the city limits for the most part, and one of the largest consumers across the world and across America and across Kentucky is our hospitals," Shell said. "They have to eat on a daily basis, they got patients, they got employees, they got visitors that are coming in from a consumption center, hospitals are one of the largest consumer points in our communities in the state of Kentucky." Many different groups are benefiting

from this initiative. Individuals are helping not only themselves by eating better, but by aiding in the contributions to the local economy and benefiting farmers. "So it's really what we started focusing on, almost from a selfish standpoint in our culture, of looking at how can we provide what we have on the farm and the most healthy, abundant, safe food source in the entire world to our people who need it the most in our hospital settings," Shell said. "That's why we started Food is Medicine and it's so good to have partnerships like Taylor Regional and our other hospitals across the state of Kentucky that have really latched onto this." Every Tuesday from 11 a.m. until 1 p.m., though sometimes sooner depending on demand, the Farmers' Market sets up at Taylor Regional Hospital. By doing this the hospital is showing a hands-on approach to wanting to not only support the local economy, but the farmers who make states like Kentucky go around. "Taylor Regional is

leading that charge. Really excited about the aggressiveness that the hospital system is taking on," Shell said. "Showing how we do more and more of this to make a difference, not just for our rural areas for our farmers, but also for the patients. It is better. It is healthier." By beginning this program in Taylor County, and at the hospital specifically, it leaves room for expansion into other areas in the community. This step is only the beginning for Taylor Regional Hospital and its involvement in the Food is Medicine approach, providing a foundation to work on as the future comes. "We're gonna keep feeling better, and we're gonna do one bite at a time, one percent at a time. You don't have to go overboard. You don't have to change your whole lifestyle," Everett said. "Just make it where it's natural, you're moving, you're getting out, your eating is fully getting better. At the hospital, that's what we're trying to do is get one percent better each day, genuinely moving forward."

"I want you to start thinking of hospitals as a place to go to be healthy. Not just go in a time of rescue or need."

—TRH CEO Michael Everett

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Love is Ageless

Fathers Day is Sunday, June 21

Green River Trails has scheduled special activities for Dads to let them know how very special they are.

Friday morning June 19 Doughnuts for Dads

Each Dad will receive a special personalized Father's Day Card during lunch Sunday, June 21

Mini Summer Carnival

June 17th, 18th and 19th

Fun Games

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Dining areas and in-room meals	In-House beautician
Gazebo in an enclosed landscaped area	In-House laundry
Bingo and games	

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