

What's Happening

All times are Central

This Week

Summer Feeding

Summer Feeding continues on Fridays from 11 a.m. to 1 p.m. at the food pantry. For more information, please call 270-932-7081.

VFW, Post 5813, Aux.

The regular monthly meeting of the James L. Pruitt Post 5813, Veterans of Foreign Wars, and the Auxiliary, will be held July 16, beginning with a meal at 6:30 p.m. Members are encouraged to attend and anyone interested in joining either organization is invited.

Happening Soon

GCPL Board Meeting

The Green County Public Library monthly board meeting will be held July 21 at 3 p.m.

Cruise-in at Park

The Summersville Church of the Nazarene will be sponsoring a Cruise-In for Christ Sunday, July 26 at American Legion Park. The Car and Bike Show will begin at 9 a.m. with a worship service beginning at 10 a.m., followed by a cookout. Donations will be accepted to help provide motorcycles for pastors on the mission field. For additional information contact pastor Jamie McCormack at 931-316-4635.

*Send events and reunions
for What's Happening to
news2@record-herald.com.
The deadline is 2 p.m.
FRIDAY.*

Reunions

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The **Matney Family Reunion** will be Sunday, July 19 at the Exie Fire Department. A potluck meal will begin at 12 p.m. For more information, call 270-932-1770.

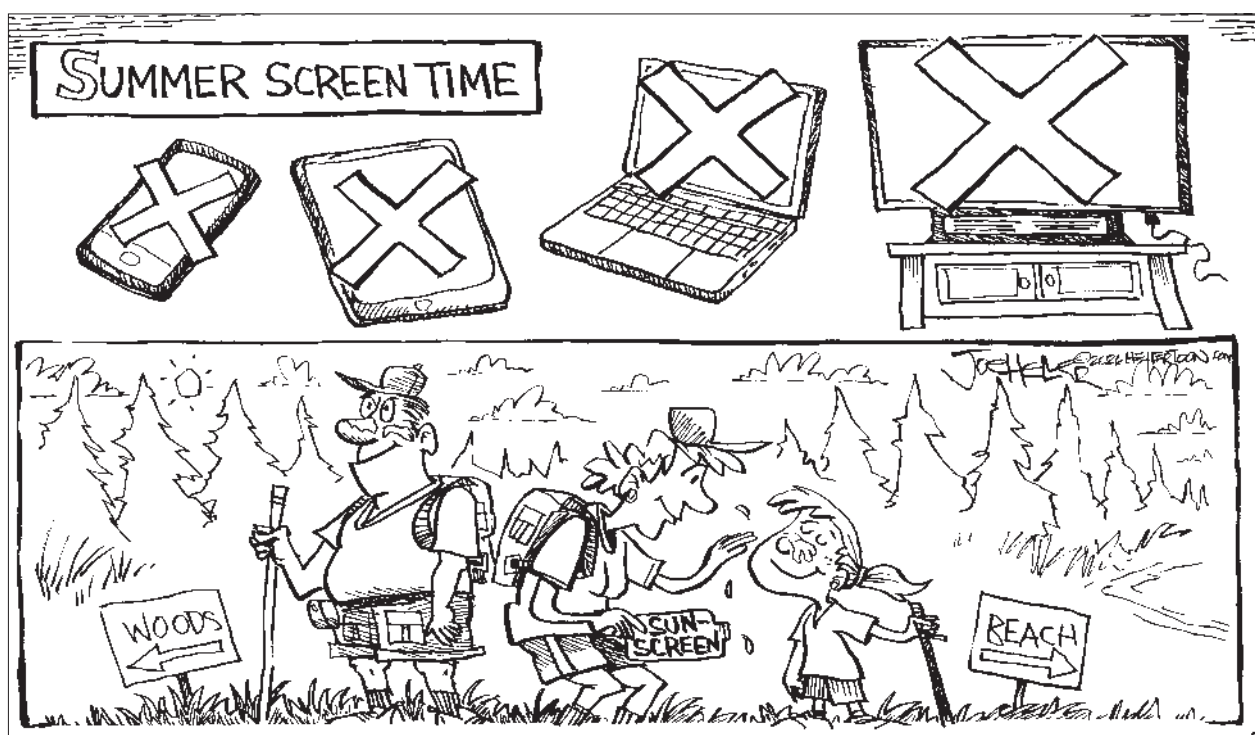
Republican Women

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The meeting is open to women of all ages who are interested in community service, leadership development, civic engagement, and supporting Republican values. Attendees will have the opportunity to learn about club membership, upcoming activities, and service projects planned for the coming year. Light refreshments will be available. For additional information, please contact: Jamie Ennis, Organizer, Green County Republican Women's Club, at jamie@jebpublicaffairs.com or (859) 948-4626.



Biking has been one of the best parts. There is so much to see and explore!



*It's simple. It's peaceful.
It's perfect.*



Crystal
Cecil
Record-
Herald
Staff

As I'm writing this, I'm sitting at my second favorite place in the entire world, The Sound, on Hilton Head Island.

We haven't taken a true family vacation in several years. The kiddos are older and with my husband coaching both track and cross country, our spring and fall breaks are usually spent at meets and races, anywhere from Tennessee to Alabama. While there is often a beach involved in those trips, there is also a lot of teenagers to chaperone (thankfully, they're all great kids)... so we were due a vacation, with just the four of us. My son, Cayden turned 16 last week. He also received his driver's license on his birthday, an entire new component of worry for this mom.

I booked this trip back at the beginning of the year, scheduling around work, track, softball tournaments, and just hoping and praying it worked out. We made it work out. And the timing is great, because last week, I was a bundle of nerves and nausea when Cayden pulled out of the driveway for the first time, in the truck his Grandma had given him the keys to. The last time we were here was four years ago, and my daughter, Conleigh, now 12, couldn't remember much. As we arrived the memories started flooding back for both children--- the sea life, the views, the different kind of beach.

When they were younger we always went to more popular beaches, Panama City Beach being our favorite. I am not sure how I came upon this place in 2022, but it's definitely not the typical beach. On the Atlantic side, The Sound is an inlet adjacent to Hilton Head, and just across from Fripp Island. It's known for a tide that goes WAY out! And when I say "way out," I mean a mile out each morning and back in, in the evening.

It is the deepest natural harbor on the East Coast south of Chesapeake Bay. Marine life is absolutely unbelievable here, especially for our Kentucky expectations. Our first full day here, we walked the beach for miles, find-



It's a different kind of peacefulness at the beach.



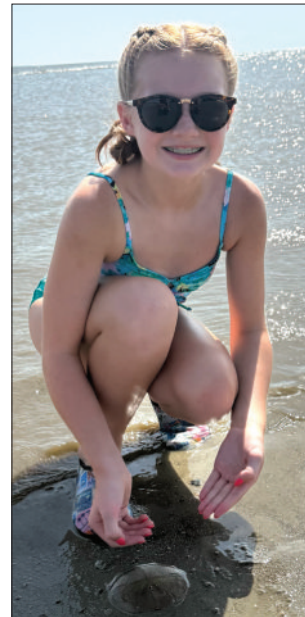
Two of the smaller hermit crabs he first found. Some were as large as 5 inches!

ing beautiful shells and crabs--- "the REAL crabs" per the kids. We also watched several people fishing from the sand, one caught a small shark, about 18 inches long, one caught not one, but two stingrays, and one finally pulled in a shark I'd estimate about 4 foot long.... directly from the beach.

Thousands of hermit crabs line the sand as the tide goes out. Sand dollars lie just under the water and we even found a starfish. The beach is beautiful. It's not the fluffy sand, it's packed sand covered in shells uncovered when the tide goes out. There's driftwood and cordgrass and even puff mud (a bit like quicksand). Water shoes are a blessing.

We rented bikes, which has been one of the best ideas I've ever had. Hilton Head Island has trails that go all over the entire island. Most of them are shaded by beautiful mossy trees also, so the 90 degree heat is barely noticed. The first day, we journeyed to a local thrift shop to hunt for books and other treasures. That was a solid 6 miles.

The second day, we visited a popular beach on the At-



Sand dollars were plentiful in the low waters.

lantic, Folly Field Beach, an 8 mile trek.

"My legs are going to be TONED!" my daughter said about the new method of traveling.

She also found a gigantic pine cone on the bike bath, at least 10 inches in height. She stored it in the cooler bag in the basket on her bike for safekeeping. My guess is it will end up in her bedroom at home.

So far, I've read two books and taken a nap each afternoon. An early riser, I've spent my mornings walking on the expansive, mostly empty beach and watching seagulls catch fish.

By late morning, the kiddos are searching for sea treasures-- giant empty crab conch shells and unbroken beauties. Cayden looks for fish and Conleigh talks to the cranes.



The "real kind" of crab.

It's quiet. It's memorable. While home is my favorite place, it's a busy life we have. This is the kind of vacation we need. It's simple. It's peaceful. It's perfect.

Greensburg Record-Herald

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