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Good Luck This Season!



Lady Trojans Track To Showcase Strength With Depth

By Tracy Hinsz

The Barnesville Lady Trojans have opened up their spring practices for the 2025-2026 Track and Field season with a strong roster hoping to be competitive and successful in each meet this season.

Head Coach Mike Schaub returns for his 20th season as leader of the Lady Trojans and 26th year overall in the program. Schaub focuses on the sprints, relays and high jumps and has produced some strong teams over the years. He was named Section 6A Girls Coach of the Year in 2022, 2023 and 2024.

He will be assisted by Carolin Rotz-Distance and High Jump, Kailee Strand- Long Jump and Triple Jump and Nick Paur- Shot Put and Discus with volunteer coaches including Shawn Paschke-Pole Vault, Joe Westbrook-Hurdles and Bill Gottenborg- Shot Put and Discus.

"In 2025, we finished second or third as a team in most of our regular season track and field meets," stated Schaub. "We placed third at the Section 6A True Team Meet and fifth at the MSHSL Section 6A Meet with two girls advancing to the MSHSL State Track and Field Meet.

Ava Follingstad and Ashley Maneval secured spots in the state tournament with Follingstad netting an 8th place finish in the Triple Jump and Maneval finishing in 3rd place in the Pole Vault.

Two school records were broken as Maneval cleared 10' 8" in the Pole Vault and Jovie Marshall ran the 3200 Meter Run in 12:06.94 seconds.

It was a very successful year, making improvements throughout the season with all the girls accelerating to their full potential.



The Trojans girls track team members are, left to right, front row-Rory Guderjahn, Mariah Berg, Molly Rotz, Ellie Perry, Molly Hooker, Coleman Biewer, Brynna Fradet, Taylor Grunewald, Sienna Marshall; row two- Mya Stuvland, Shayna Erickson, Andreiana Russell, Isabella Orr, Addyson Barnes, Braelyn Bomstad, Charleigh Durensky, Adelyn Roemmich, Ava Ness; row three - Carly Orvik, Cassidy Rotz, Jovie Marshall, Shelby Erickson, Matison Pender, Laura Axness, Tenley Hansen, Clare Brown, Anika Cossette; row four-Asst. Coach Shawn Paschke, Asst. Coach Carolin Rotz, Katrine Meyer, Allie Axness, Ashley Maneval, Isabella Follingstad, Bridget Hendrickson, Asst. Coach Joe Westbrook, and Head Coach Mike Schaub.

They all exhibited a good work ethic, had solid performances and had lots of fun."

Returning for their senior season are Anika Cossette, Shayna Erickson, Ashely Maneval, Ava Ness and Andreiana Russell with juniors including Addyson Barnes, Isabella

Follingstad and Katrine Meyer.

Sophomores include Coleman Biewer, Brynna Fradet, Molly Rotz, Bridgit Hendrickson, Isabella Orr, and Brylee Meyer with Freshman Braelyn Bomstad, Shelby Erickson, Tayler Grunewald, Molly Hooker, Jovie Marshall and Rory Guderjahn.

Underclassmen include eighth graders Addison Anderson, Campbell Berg, Mariah Berg, Clare Brown, Alexis Halvorson, Carly Orvik, Hadley Olson, Matison Pender, Adelyn Roemmich and Cassidy Rotz; seventh graders Laura Axness, Charleigh Durensky, Tenley Hanson, Abigail Kinsman, Jaelyn Lemar, Sienna Marshall, Ellie

Perry, Ellie Rasmussen, Gabriella Ridgeway, Kinnley Schwartz, Ava Sizer, Emersyn Soland, Emma Steer and Rylee Story-Poppel hoping to make their mark in 2026.

"Returning letter winners are among the athletes to watch this year, in addition to a talented group of 7th and 8th graders," said Schaub. "Ashley Maneval should have

another good year after advancing to the MSHSL State Tournament in 2024 and 2025 in the Pole Vault, while also breaking the school record.

Jovie Marshall excelled in the distance races and should have another good year, as she broke the school record in the 3200 Meter Run last year as well.

Anika Cossette, Shayna Erickson, Ava Ness, Isabella Follingstad, Addyson Barnes, Allison Axness, Braelyn Bomstad and Cassidy Rotz are also girls to watch this year.

I look for our team to be strong in all areas again this season. We have a lot of depth and a team with a good work ethic, great dedication and a lot of talent. Our junior high athletes are looking to push the upper classmen for a spot to compete at the varsity level."

Captains for the 2026 season will be Anika Cossette, Shayna Erickson, Ashley Maneval and Ava Ness.

Schaub believes that Barnesville, Pelican Rapids, Frazee and Perham will be contenders in the Heart O' Lakes Conference with Barnesville, Pelican Rapids and Frazee strong contenders to win the Section 6A True Team title.

He also felt that Minnewaska and Pelican Rapids should be favored to win the MSHSL West Sub-Section and Section 6A Titles.



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