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## Rebels Boys Track/Field Team Has Big Season Goals



The Rebels boys track team members are, left to right, front row-Levi Fischer, Walker Dale, Ryder McGough, Jeremiah Reynolds, Michael Whitney, Eli Dicks, Cass Ahonen, Tommy Reno, Warren Peterson; middle row-Aiden Walton, Jasper Larson, Jed Toms, Jarrett Manston, Milan Gornowicz, Cooper Friend, Tucker Larson, Ronan John, Assistant Coach Chandler Gray; back row-Heze Togba, Jake Dawson, Owen Winter, Nolan Dale, Finn Ahonen, Bode Eidem, Conrad Kirsch, and Marley Gomez.

**By Kelli Froslie**

The DGF Rebels Boys Track and Field team have some big goals going into the 2026 season.

Winning the subsection championship is number one on their list. "Besides that, we want to have as many as five to eight athletes make their way to state," said Head Coach Thomas Brink.

The Rebels lost some strong athletes due to graduation but Brink is happy with the attitude and work ethic of his team.

"Weather makes it tough early in the season but the kids are working hard."

According to Brink, they are strong in the distance and are up and coming in other events. He is hopeful for the new and developing talent. "Kids new to track have a lot to learn and the competition we face in our section is strong," said Brink.

"But they're working their tails off and are hungry to get better. We are putting them to work and they are trying their best to do so."

One athlete to keep your eye on this season is standout Owen Winter.

Winter returns to the Rebels after making a state appearance in his junior year. A senior now, Brink is certain Winter will be a shoe in for state in multiple events.

Winter, along with teammates Tommy Reno, Ronan John, Jeremiah Reynolds and Mason Tysver will serve as team captains this year.

One team the Rebels look forward to competing

against is Park Rapids. "They always have a great team with great coaching. It's a pleasure competing with them, because we love to run with teams stronger than ourselves. Their kids are well trained and their coaches are great people to be around," said Brink.

Back for his second year as head coach, Brink is confident in his distance runners. "We are up and coming in the other events."

Helping with coaching duties this year include Pat Rieder, Tony Reno, Hannah Fried and Isaac Pokornowski.

## Lady Rebels Won't Let Weather Hold Them Back



The Rebels girls track team members.

**By Kelli Froslie**

"Mother Nature is kicking our butt." A direct quote from DGF Lady Rebels Track and Field Head Coach Joe Wastfaret.

And his sentiment is the same across the region with all spring sports coaches.

But the Lady Rebels aren't going to let a little snow stop them from having a successful season.

"We want to be the top team in the section," said Wastfaret. "Get as many kids into the section track meet as we can."

Wastfaret is looking to team captains seniors and juniors to help get them there.

One of the Lady Rebels biggest strengths is the field events. Coach feels the girls need to work on the mid-distance.

When asked how he feels about this year's team compared to last years Lady Rebels, Wastfaret is very optimistic.

"We are on track to have a better year. Last year was a good year."

Standout players to keep a close eye on this year include juniors Alex Risberg and Kayla Risberg and eighth graders Mara Roseanu and Aubrey True.

2025 state athletes included Ellie Sosa who brought home a second place finish in the triple jump and Aria Garrett who came in fourth in shot put.

"These top athletes are already performing at a high level," commented Wastfaret.

"These are a fun group of girls and I am looking forward to getting out and competing."

Assistant coaches are Hannah Fried, Tony Reno, Pat Rieder, Thomas Brink, Chandler Gray and Ryan Barnes.

Members of the Lady Rebels Track and Field team for 2026 are

Seniors - Aria Garrett, Emma Brinkman, Isabel Toms, Emersyn Strobel;

Juniors - Ellie Sosa, Alex Risberg, Annika Stuart, Savannah Thompson, Kayla Risberg, Olivia Iverson;

Sophomores - Arwa Baghzali, Brook Grubb, Faith Vincent, Mia Varriano, Annika Fuchs, Luxe Reynolds,

Kenna Mather, Sylvia Frisco, EmMarie Speer, Ella Gronewold, Brooklyn Blickenstaff;

Freshmen - Reagan Kaiser, Gracie Rothschild, Remi Kugler, Sophia Stuart, Kali Connell, Lexi Fredrickson, Grace Toms, Kenley Bleick, Alyssa Fisher, Whitney DuMarce, Klohee King Bear, Kaelyn Dalton;

Eighth graders - Harper Ring, Izabella Neset, Aubrey True, Keyli Kinzel, Kendra Rasmussen, Devi Tollefson, Liliana Gaytan, Eva Gonzales, Jaylee Swenson, Mara Rosenau, Aubree Deutsch;

Seventh Graders - Caitlin Haney, Lea Brinkman, Abigail Johnson, Aubrey Speer, Shia Johnson.