

2026's Best & Worst Cities for Keeping Your New Year's Resolutions

It's easy to make New Year's resolutions - the real challenge is sticking to them. Before you place all the blame on yourself for past slip-ups, consider this: Your surroundings might be working against you.

To find out where Americans have the best shot at keeping their goals in 2026, WalletHub compared more than 180 U.S. cities based on 57 metrics that speak to their conduciveness to self-improvement. The metrics range from exercise opportunities to income growth to the employment outlook.

"Everyone has probably failed to keep a New Year's resolution at one point, whether it's losing weight, spending less money, quitting a vice or keeping up with a new hobby. The pressures of inflation, the busyness of everyday life, and the stress of the current news cycle certainly don't help. Living in the right city can do wonders for resolutions,

though. For example, cities with good access to healthy food and exercise opportunities can make it much easier for people to improve their health. Cities with strong economies and good job markets can expedite finding a better career or improving your income. Finding out what your city excels in can help you set an achievable goal."

Chip Lupo, Wallethub Analyst

Most Likely Cities To Keep Your Resolution

City	Score
1. Seattle, WA.....	67.59
2. Scottsdale, AZ.....	64.91
3. Irvine, CA.....	64.90
4. Atlanta, GA.....	64.81
5. Salt Lake City, UT.....	64.79
6. Orlando, FL.....	64.71
7. Austin, TX.....	64.64
8. Fremont, CA.....	64.38
9. San Diego, CA.....	64.11
10. Miami, FL.....	63.86
11. San Francisco, CA.....	63.55
12. Overland Park, KS.....	63.32
13. Portland, OR.....	63.12
14. Boise, ID.....	62.87
15. Minneapolis, MN.....	62.31
16. Raleigh, NC.....	62.27
17. Tampa, FL.....	62.07
18. Plano, TX.....	61.87
19. Huntington Beach, CA.....	61.77
20. Pittsburgh, PA.....	61.50
21. Columbia, MD.....	61.18
22. San Jose, CA.....	61.10
23. Madison, WI.....	61.07
24. Chicago, IL.....	60.99
25. Chandler, AZ.....	60.89

Least Likely Cities To Keep Your Resolution

158. Grand Prairie, TX.....	46.73
159. Columbus, GA.....	46.18
160. Birmingham, AL.....	46.09
161. Fayetteville, NC.....	45.82
162. Detroit, MI.....	45.63
163. Oxnard, CA.....	45.36
163. Moreno Valley, CA.....	45.36
165. Mobile, AL.....	45.17
166. North Las Vegas, NV.....	44.92

167. Ontario, CA.....	44.80
168. San Bernardino, CA.....	44.51
169. Little Rock, AR.....	44.40
170. Fort Smith, AR.....	44.37
171. Brownsville, TX.....	43.77
172. Baton Rouge, LA.....	43.72
173. Toledo, OH.....	43.70
174. Huntington, WV.....	43.43
175. Montgomery, AL.....	43.26
176. Augusta, GA.....	41.90
177. Newark, NJ.....	41.87
178. Memphis, TN.....	41.81
179. Dover, DE.....	41.41
180. Shreveport, LA.....	40.83
181. Gulfport, MS.....	38.81
182. Jackson, MS.....	37.98

Best vs. Worst

◆ Fremont, California, has the lowest share of obese adults - 3.4 times lower than in Jackson, Mississippi, the city with the highest.

◆ Sioux Falls and Rapid City, South Dakota, have the lowest unemployment rate - 5.4 times lower than in Detroit, Michigan, the city with the highest.

◆ Fremont, California, has the lowest share of delinquent debtors - 6.9 times lower than in Jackson, Mississippi, the city with the highest.

◆ Birmingham and Montgomery, Alabama, have the lowest prevalence of adult binge drinking - two times lower than in Missoula, Montana, the city with the highest.

◆ Seattle, Washington and Fremont, California, have the lowest share of adult smokers - 3.3 times lower than in Cleveland, Ohio, the city with the highest.

Contest Winners

(From Lacon Front Page) and photo-worthy setups that created a festive waterfront display.

People's Choice Award: Grant & Donna Cordes

Selected by community vote, their display was a favorite among participants.

Community Support

Donations collected were matched and divided evenly among the winners in the form of Chamber Bucks, supporting local businesses. Winnings will be mailed to recipients.

Additional Thanks & Notable Mentions

A special thank you goes to board member Christina Patellaro of Keller Williams Revolution, who did not enter the contest due to board involvement and fairness guidelines. Her light-up deer and Christmas tree display at the Pop-Up Shop on North Main Street was a welcome addition.

Runner-up for Best Traditional Display was Dennis & Julie Heridge, whose home looked like a classic holiday catalog with elegant white lighting and garland throughout. The simple, timeless design was beautiful and made the decision especially difficult.

Other notable mentions include the Firehouse Village houses at the Lacon Sparland Protection District and the greenery displayed by Two Friends Flowers.

Thanks also to Santa and the Lacon Fire Department for assisting with judging.

Organizers look forward to continuing this tradition in the years ahead.

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Tomorrow, anything could happen

It could be the best day ever or it could be a day of dark clouds. No one knows what tomorrow holds. Call today to get prepared for your future and protect what matters most.



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LIVE ONLINE



MARSHALL COUNTY, IL LAND AUCTION

WEDNESDAY, JANUARY 28, 2026 AT 1:00 PM^{CT}



128.2 TAXABLE ACRES ± • 1 TRACT



The Simpson farm is located 8 miles northwest of Minonk, IL, 6 miles southwest of Toluca or 34 miles northwest of Bloomington, IL. It is further described as being located in Section 26, T29N-R1W, Bell Plain Township, Marshall County, Illinois.

Represents productive, tillable soils located close to several excellent

grain market outlets!

JANE SIMPSON

Representing Attorney: Michael L. Neff | Fort & Neff
108 S Broadway St., Stronghurst, IL 61480 | (309) 924-1211

Auction Managers: Kevin Haas (309) 264-7767
& Eric Ifft (309) 825-3730



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LIVE ONLINE



MARSHALL COUNTY, IL LAND AUCTION

THURSDAY, FEBRUARY 5, 2026 AT 10:00 AM^{CT}



39.52 SURVEYED ACRES • 1 TRACT



The Wombacher farm is located 1 mile east of Toluca, IL or 22 miles south of Peru, IL. It is further described as being located in Section 3, T29N-R1E, Bennington Township, Marshall County, Illinois.

Productive soils located just 2 miles from a major rail terminal that sells

with an open lease for the 2026 crop year!

WOMBACHER TRUST

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227 NE Jefferson, Peoria, IL 61602 | (309) 636-7205

Auction Managers: Kevin Haas (309) 264-7767
& Eric Ifft (309) 825-3730



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IN THE CIRCUIT COURT OF THE 10TH JUDICIAL CIRCUIT

COUNTY OF Marshall - Lacon, ILLINOIS

U.S. Bank Trust National Association not in its Individual Capacity but Solely as Owner Trustee for RCF 2 Acquisition Trust Plaintiff

vs.

Austin Brone; Illinois Housing Development Authority; Unknown Owners and Non-Record Claimants Defendant

25 FC 8
CALENDAR

NOTICE OF SALE

PUBLIC NOTICE is hereby given that pursuant to a Judgment of Foreclosure entered in the above entitled cause Intercounty Judicial Sales Corporation will on February 4, 2026, at the hour 10:15 a.m., Hasselberg Grebe Snodgrass Urban & Wentworth, 310 Fifth Street, Lacon, IL 61540, sell to the highest bidder for cash, the following described mortgaged real estate:

P.I.N. 04-36-105-005.

Commonly known as 318 S. Broad St., Lacon, IL 61540.

The real estate is: single family residence. If the subject mortgaged real estate is a unit of a common interest community, the purchaser of the unit other than a mortgagee shall pay the assessments required by subsection (g-1) of Section 18.5 of the Condominium Property Act. Sale terms: At sale, the bidder must have 10% down by certified funds, balance within 24 hours, by certified funds. No refunds. The property will NOT be open for inspection. Prospective bidders are admonished to check the court file to verify all information.

For information call Sales Department at Plaintiff's Attorney, **Potestivo & Associates P.C.**, 223 West Jackson Boulevard, Suite 610, Chicago, IL 60606. (248) 853-4400 ext 1200. 320077

INTERCOUNTY JUDICIAL SALES CORPORATION
intercountyjudicialsales.com

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NOTICE OF INTRODUCTION, ADOPTION AND USE OF VOTING SYSTEM

Notice is hereby given that on January 8th, 2026, at all polling locations in the County of Marshall an election will be held with a new ADA compliant voting system called Freedom Vote Tablet voting machines.

Jill M. Kenyon

Marshall County Clerk & Recorder