

Legion

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finance report. The report was approved as read following a motion from Post 433 Adjutant/Service Officer Bill McLane and a second to the motion by Post 433 Sergeant at Arms David Dillman.

There was no American Legion Illinois Premier Boys State committee report.

There was no American Legion Post 433 Poppy Distribution committee report as poppies for this year's distribution had previously been purchased.

Sick Call, Relief, and Employment were discussed.

Post 433 Adjutant Bill McLane reported that the post has 45 members under membership.

Post 433 Service Officer Bill McLane reported about a member going through the healing process from surgery.

Adjutant McLane reported that the American Legion Department of Illinois Champaign County Council of the American Legion will be having a 7:00 p.m. meeting on Thursday, April 23 at the Penfield /Gifford American Legion Post 1153 located at 117 North Main Street in Penfield under communications.

Adjutant Bill McLane reported that Operation Hon-

or Guard will take place on Wednesday, May 6 and that Post 433 will be stationed in Mahomet at the Sunset Funeral Home from 8:00 – 10:00 a.m. for their participating location under communications.

Sidney American Legion Post 433 Commander Bill Hensch reported that the Sidney American Legion Post 433 will participate in the WDWS/WHMS/WKIO/The Rooster, News Gazette CIMG Champaign County American Legion Posts Poppy Distribution Day Drive Through taking place on Thursday, May 21 from 6:00 a.m. – 6:00 p.m. in the CIMG parking lot located at 2101 Fox Drive in Champaign, that the individual post distribution time slot for Sidney American Legion Post 433 is from 6:00 – 8:00 a.m., and that Sergeant at Arms David Dillman will record the Sidney American Legion Post 433 promo on Wednesday, April 22 sometime between 1:00 – 4:00 p.m. at the radio stations and the News-Gazette CIMG offices located at 2101 Fox Drive in Champaign.

Sidney American Legion Post 433 Commander Bill Hensch, Adjutant/Service Officer Bill McLane, and Judge Advocate Susan McLane were in attendance at the Monday, April 13 Village of Sidney Board of Trustees Meeting.

Post 433 Adjutant/Service Officer Bill McLane reported that he told the board that the Sidney American Legion Post 433 had originally thought about having the 50-year Sidney time capsule ceremony and contents reveal on Sunday, June 14 ahead of their American Flag retirement ceremony, but that he had since spoken with Sidney Improvement Group President Donna Hooker and that, with the Village of Sidney Board of Trustees approval, the Sidney American Legion Post 433 would like to have the digging up ceremony and contents reveal at 11:00 a.m. on Saturday, July 25 in front of the Post Home during the Sidney Fun Daze ahead of road closing for the car show.

McLane reported that the Village of Sidney Board of Trustees approved the Sidney American Legion Post 433 having the ceremony during the Sidney Fun Daze.

Mr. McLane provided that he additionally announced at the Village of Sidney Board of Trustees meeting that he will have a display of museum artifacts set up in the Sidney American Legion Post 433 meeting room and that he and his wife Susan will be dressed as George and Martha Washington.

Legionnaires in attendance decided to dig up the time capsule the week before

July 25, see what they have in the capsule, and present it at the 11:00 a.m. July 25 ceremony. All of this will take place outside and not inside the Sidney American Legion Post 433 building as Sidney American Legion Post 433 Adjutant/Service Officer Bill McLane will have museum artifacts set up in the post meeting room.

Legionnaires in attendance asked Post 433 Adjutant/Service Officer McLane about the status of the Sidney Veterans Memorial and were told that Village of Sidney President John Finn reported at the April 13 Village of Sidney Board of Trustees meeting that he will look in to the possibility of getting a grant writer to write a grant for getting monies for the memorial, but that there is nothing going on with it right now.

Adjutant/Service Officer Bill McLane also confirmed that the Sidney American Legion Post 433 will host an American Flag retirement ceremony on Flag Day Sunday, June 14 at 5:00 p.m.

Commander Bill Hensch reported that he had volunteered the Sidney American Legion Post 433 to be in the Sidney Fun Daze Parade on Saturday, July 25, asked Second Vice Commander Jerry Akers if the post could use his truck, and Second Vice

Commander Jerry Akers said that they could.

Post 433 Second Vice Commander Jerry Akers reported that the Autumn Fields in Savoy will not be hosting any Veterans Breakfast for now.

It was reported that the Sidney American Legion Post 433 poppy distribution days will take place on Friday, May 15 and Saturday, May 16, that they will distribute poppies at Lowe's Home Improvement, 1904 N. Prospect Ave, Champaign, Caseys General Store locations in Philo and Sidney, at the Dollar General in Philo, and that Commander Bill Hensch will distribute poppies in downtown Sidney around the post office in the morning on one of those days under new business.

It was also reported that the Sidney American Legion Post 433 will put out American Flags at the Mt. Hope Cemetery on Wednesday, May 20 starting at 9:00 a.m.

Sidney American Legion Post 433 Finance Officer Susan Mantell reported that she will be attending 6:00 p.m. Champaign County Veterans Assistance Commission meetings at the Bennett Building on June 19, September 9, and December 9 under new business.

The Sidney American Legion Post 433 decided to sell meat raffle tickets again and Sidney American Legion Post

433 Adjutant/Service Officer Bill McLane is supposed to ask Tim Osterbur to get the post some tickets printed up; 750 tickets at 10 tickets per book.

Lastly under new business, Sidney American Legion Post 433 Commander Bill Hensch appointed a nominating committee consisting of Sidney American Legion Post 433 Second Vice Commander Jerry Akers and Sidney American Legion Post 433 Historian Rollo Katterhenry to come up with a slate of officers for the post to vote on at the Monday, May 18 meeting.

Sidney American Legion Post 433 Commander Bill Hensch brought the meeting to adjournment at 7:24 p.m. following a motion from Post 433 Adjutant/Service Officer Bill McLane, a second to the motion by Post 433 Commander Bill Hensch, and closing ceremonies and a prayer from Post 433 Chaplain Fred Olds.

The Sidney American Legion Post 433 will hold their next monthly meeting at the Post Home located at 221 South David Street in downtown Sidney on Monday, May 18 at 6:00 p.m. Prospective new members are always welcome and encouraged to attend and all monthly meetings, unless otherwise posted, are held at the Post Home.

Holding

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him to other men she knew and would rake him over the coals about why he couldn't be like other men. I often wondered how he endured it for so long. Everyone liked

my dad. He was a very kind man.

Mother's Day compounded this turmoil; I felt an obligation to purchase a card and gift, and visit her. It was a yearly ritual that filled me with anguish and dread. No matter how hard we tried to

please her, her constant criticism loomed over us. It's no surprise that my siblings and I grew up with low self-esteem, burdened by the derogatory remarks that peppered our upbringing. They were lucky enough to move away. I, however, didn't get that re-

prieve from her multiple daily phone calls and the "duty" to help her out as she aged.

Understanding the roots of her behavior has been a journey in itself. She, herself, had a difficult upbringing with a strict single mother growing up in poverty, and this did offer some insight, as did my realization that her harsh demeanor was an attempt to toughen us up for a cold world (so she said.) Yet, in doing so, she left scars that we are still trying to heal today.

I have discovered that I am not alone in this struggle.

Many individuals, particularly daughters, face similar challenges with narcissistic mothers. It is comforting to know that our experiences were valid and that we are not insane. The gaslighting has left indelible marks on our perception and self-worth, often making us untrusting, and questioning our own realities. But there are therapists, authors, and ministers now who can help get the healing process started. They get us.

Now, as I navigate a Mother's Day without her, I find a sense of peace that was once

elusive. I can breathe and finally celebrate being a mother in my own way, free from the weight of her expectations and nasty comments. I recognize that many others also grapple with conflicting emotions during this time, and I want those individuals to know they are seen and understood. We are not alone—we are a community of strength reflecting on our journeys toward healing. Some of us just had rotten mothers, but that's ok. We can be better people in spite of it.



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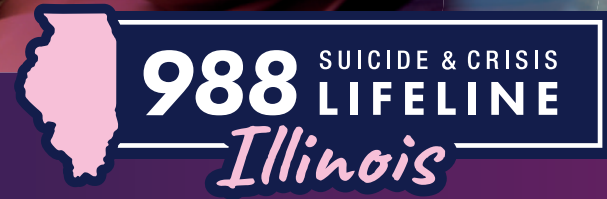
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