

Looking Back

For our readers who like to reminisce on news as recorded in The Coffeeville Courier of the years gone by

90 YEARS AGO January 24, 1936

Col. and Mrs. A. A. Bryant and Miss Clyde and Carl Bryant spent the first part of the week in Jackson attending the inauguration of Go. White.

King George, V, 70, of England, died Monday night. The Prince of Wales, 41, will assume the throne being known as Edward VII.

Little Miss Ollie Mae Spearman, of Sunnyside community, was out of school last week with mumps.

Mrs. V. H. Arrington is entertaining the Book Club this afternoon in Eades Grocery Store.

75 YEARS AGO January 19, 1951

Mr. Q. T. Crowson resigned Tuesday night as Superintendent of Coffeeville School to become a candidate for County Superintendent of Education.

J. B. Majure was elected President of the Coffeeville Chamber of Commerce Tuesday night.

Bobby Pittman, Luke Roberts, Jr., Bobby Gene Burney, Paul Jones, Clyde Hugh Johnson, and John Daniel York, who have enlisted in the Navy left Sunday for San Diego, California.

Misses Emma Jean Serio and Quida Vick of Grenada visited homefolks here Saturday.

70 YEARS AGO January 19, 1956

Ms. Kate McLavy, received word that her brother, W. T. York, is still wearing a cast from a broken leg sustained in a car wreck recently. He fell last week and broke the other leg in the knee.

Friends and customers have been missing Aaron Gorden from the store and other places for the past several days since he's been at home sick.

Funeral services for Walter L. Castleberry of Wichita, Kansas, formerly of Memphis, were held at Elam Church, east of Coffeeville, Monday, January 16.

Misses Sue Pittman and Nan Pate, Bobby Pitman, David Brower and John L. Basinger of NWJC were home for the weekend. Miss Sue Vaughn came home with Sue and Nan for the weekend.

65 YEARS AGO January 19, 1961

A pall of gloom spread in this community early Sunday morning, January 15, 1961 as report come from Kennedy Hospital, Memphis, that Walter Eades had died.

Mrs. Alma Denley attended the funeral of her mother, Mrs. Josie Spears Wright, of Big Creek Community, who died Monday afternoon at home after a long illness.

Jay Gore, a native of Coffeeville, but a resident in Grenada since 1913, died in the Grenada Hospital Wednesday, January 11 after a long illness.

60 YEARS AGO January 20, 1966

Officials and employees of the Bank of Water Valley and the Coffeeville Office honored Mrs. Eleanor Riddick with a surprise party at Lois' Cafe Thursday night, January 13, as a gesture of appreciation for 23 year of service as a bank clerk in the local office.

Mrs. Katie Spears Gray, who would have celebrated her 92nd birthday last Thursday, passed away Wednesday, January 12, at her home in the Mt. Nebo Community.

Mr. and Mrs. Jerry Shaw of Coffeeville are announcing the birth of a son, their first child, who arrived Tuesday, January 11, in St. Joseph Hospital, Memphis. He was named Jeffrey Verelle.

This community was shocked early this (Wednesday) morning when news came that Mrs. Evie Kilgore had died of a heart attack.

Tildon Monroe McKnight, retired farmer of Oakland, died Sunday, January 16, at the East Tallahatchie General Hospital after a short illness.



Coffee Time

By Sarah H. Williams

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I felt so loved Sunday after church services as members came up and hugged me. It had been eight weeks since I had been at church services as I was in the Oxford Health and Rehab center. It was so very good to be back at home. Sunday I heard Bro. Larry Lott as a guest speaker at the Coffeeville Church of Christ. He told Tammy and me after services that he had a cabin that was two miles from the Natchez Trace. That was where he was going between services Sunday morning and services Sunday evening. I certainly enjoyed hearing him speak Sunday morning.

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Tammy and John came to our house Saturday night where we enjoyed our Christmas family get together and the exchange of gifts. ReeRee had made some pigs -in- a- blanket, rotel, chicken nuggets and some chocolate chip cookies. Tammy and John made chicken salad, sausage balls and some cornflake candy. We enjoyed these things very much. Tammy and John gave me a Santa globe that replaced one I wanted and they couldn't find. Actually it is not a globe as it has Santa sitting on a stool holding a little boy. You can shake it and it will show lights that will twinkle and fall.

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Happy Birthday Doyle Varner who will reach my age on anuary 1. He'll be my age untile February 26.

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Tammy and John took me to Water Valley Christmas night to see the lights at Cayce Washington's home they were really beatiful , I also enjoyed the lights at Stewart Spence's.

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Library News

By Patty Bailey

New Year's Day Closing

Coffeeville Public Library will be closed Thursday, Jan. 1, for New Year's Day. Happy New Year!

Oakland Public Library Open Saturday, Jan. 3

Come enjoy all the wonders to be found at Oakland Public Library on Saturday, Jan. 3, from 1:00 – 3:00 PM. The library will be open to check out books and other materials, use computers, get a library card, make crafts, play with puzzles or games, or sit and read.

The library will also be open Saturday, Jan. 17, 1:00 – 3:00. If you want to see Saturday hours continue at Oakland Public Library, use the library on Saturday, Jan. 3 and 17.

Winter Reading Challenge

Jan. 2 – Feb. 27

Yalobusha County Public Library System will sponsor a Winter Reading Challenge Jan. 2 – Feb. 27 which is open to all ages. Check out and read 6 library books by Feb. 27 to be entered in the prize drawing.

To participate, you must be a registered library user with a valid YCPLS library card, no unpaid fines, and no unreturned materials. All Winter Reading Challenge participants who qualify will be entered in a drawing for great prizes to be given away in both libraries. Visit Coffeeville or Oakland Public Library to check out books and read starting Friday, Jan. 2.

Homeschool Hangout

Jan. 15 at Coffeeville

All homeschool families are invited to Coffeeville Public Library Thursday, Jan. 15, at 4:30 PM to Homeschool Hangout, a time for homeschool students and families to use library services, play board

games, put together puzzles, or use our interactive STEM kits. Come hang out.

Library Board Meets

Jan. 16 at Coffeeville

The Administrative Board of the Yalobusha County Public Library System will meet Friday, Jan. 16, at 9:00 AM, at Coffeeville Public Library. Library board meetings are open to the public in compliance with state law. Anyone wishing to be placed on the agenda for the meeting should email Director Patty M. Bailey by Monday, Jan. 12, at info@yalobusha.lib.ms.us

Holiday Puzzle Winners

Winners were drawn Monday, Dec. 22, in our Holiday Puzzle Giveaway. Puzzle winners at Coffeeville Public Library were Dennis Daughtry and Khalil Kimble. Carole Martin also won the book "Bright Lights, Big Christmas" by Mary Kay Andrews.

Puzzle winners at Oakland Public Library were LaTonya Richardson and Wendell Carvan. Congratulations to all of our winners!

Winter Grab & Go Bags

Yalobusha County Public Library System has Winter Grab & Go bags for elementary age children available free. These bags contain lots of activities and crafts for kids to enjoy during the winter months.

Living Well

In Yalobusha County By Pamela Redwine
MSU-ES Extension County Coordinator - Yalobusha County

Happy New Year!!! I hope everyone has had a wonderful Christmas and New Year's Holiday. I have enjoyed my time off work, much time with family, a little basketball, as son Andy has a few holiday tournaments, and lots of unfinished projects still on the to do list.....

Just a reminder, we will remain closed for the Christmas Holiday and we will re-open Monday, January 5th at 8 a.m.

Upcoming Activities:

January 5th – Sewing for Service will meet at 9 a.m. at the extension office.

This will be a planning meeting as we need to decide on the projects we will do for 2026.

January 5th – Home School Club will meet at 1:30 p.m. at the Extension office.

This is a VERY IMPORTANT meeting as we will be planning our 2026 activities (programs, field trips, service projects, and fun days). We have a lot of families that have contacted us to let us know they are interested in getting involved in the homeschool club. This is your opportunity to make this the club you want it to be. Bring your calendar, topic ideas and a willingness to serve. Volunteers are es-

sential to any 4-H club. Hope to see you on the 5th!

January 7th – Healthy You Exercise class will meet at 9 a.m. at the Extension office.

Wear cool, comfortable clothes, supportive shoes and bring water to drink.

January 8th – Looped with Love Crochet MHV – will meet on Thursday, January 8th at 10 a.m. at the Extension office

Wear cool, comfortable clothes, supportive shoes and bring water to drink.

January 9th– Healthy You Exercise class will meet at 9 a.m. at the Extension office.

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January 14th – Healthy You Exercise class will meet at 9 a.m. at the Extension office.

Wear cool, comfortable clothes, supportive shoes and bring water to drink.

January 14th – Create Club MHV – will meet at the Extension office at 10 a.m.

This will be a planning meeting as we will decide on craft project for the year. Please bring lots of different ideas (and samples if you have them) as well as a willingness to lead.

January 16th – Healthy You Exercise class will meet at 9 a.m. at the Extension office.

Wear cool, comfortable clothes, supportive shoes and bring water to drink.

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Need Servsafe Certification? Get certificate same day as exam by taking a proctored online exam (must score 70% on exam to receive certificate. Must read book and study on your own before sitting for exam).

I will have two slots available on Thursday, January 15th 10 a.m. and 2 p.m. if you are interested or need more information contact me at the Extension office 662.675.2730 or email p.redwine@msstate.edu Registration deadline is January 9th.

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Energy Use and Obesity in Industrialized Communities

Becoming a “Westernized” country is often linked with obesity and the chronic health conditions associated with it, including diabetes, heart disease, and cancer. The importance of increased calorie intake and decreased energy usage hasn't really been evaluated.

Generally speaking, weight gain is a consequence of eating and absorbing more calories than are burned. The theory by public health organizations is an imbalance of physical activity to calorie intake.

Industrialized communities tend to be less active than farming and foraging populations. Daily exercise has also decreased within industrialized communities over the past few decades as economic progress has risen. A decline in activity doesn't always align with a decrease in total energy expenditure when comparing populations.

Long-term energy balance is reflected by body composition. Previous research has shown that total energy expenditure is consistent and stable within adults, even when activity levels vary.

A recent study finds that daily energy use is higher in developed populations, and energy use isn't reduced in more industrialized populations. This challenges the claim that a dip in physical activity contributes to obesity with economic progress. The results suggest that dietary intake plays a greater role than reduced energy expenditure in the higher prevalence of obesity associated with economic growth.

(cont'd on page19)



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