

Looking Back

For our readers who like to reminisce on news as recorded in The Coffeeville Courier of the years gone by

90 YEARS AGO May 22, 1936

Benjamin Thomas Langham, 76, died at his home in the New Hope Community Thursday.

Mr. W. R. Howell, 78, died at his home in the Airmount section last Saturday.

Atty. J. P. Stone has recently been appointed attorney of the H.O.L.C. for this county.

85 YEARS AGO May 23, 1941

Mayor and Mrs. James Moore of Oakland attended the Commercial Appeal's annual luncheon at the Peabody last Friday, a part of the Cotton Carnival program.

Mr. and Mrs. Dub Wortham are the proud parents of a little girl born Sunday, and named Lura Augusta.

80 YEARS AGO May 31, 1946

On Monday, May 27, Miss Ida Pittman was married to Mr. Lee Mathis of Water Valley.

Miss Marie Burney has accepted work with Sears, Roebuck, Co., in Memphis.

Miss Essie Mullin is working as telephone operator in Sardis.

Honorable Theo G. Bilbo, candidate for the United States Senate will speak here Friday.

75 YEARS AGO May 24, 1951

In the Americanism Essay Contest sponsored by the American Legion Auxiliary for the high school student, Sally Bess Pate won first place.

In simple but beautiful impressive ceremony at the Presbyterian Church Thursday afternoon, Miss Barbara Stidham became the bride of Mr. Robert Haines Schwobel.

Mrs. A. A. Bryant entertained a group of young matrons with four tables of Bridge Wednesday afternoon honoring Sally Stone Trotter who is to move to Clarksdale soon.

70 YEARS AGO May 24, 1956

Charles Vickery, 17-year-old son of Mr. and Mrs. Joris Vickery, will represent Coffeeville at Boy's State in Jackson this week.

Funeral Services for Carter McCracken, 61, were held at the Methodist Church Saturday. He died at his home in Greenwood.

Nancy Black, daughter of Mr. and Mrs. Noel Black has been chosen as candidate in the "Miss Sylvania" Beauty Contest.

65 YEARS AGO June 12, 1961

Carnes McCormack, son of Mr. and Mrs. Fred McCormack, placed first in the county-

wide Farm Bureau Food Poster Contest held recently.

In the annual commencement at Miss. State College for Women in Columbus Sunday, May 2, Terry Denley Page graduated with Magna Cum Laude Honors.

Mr. and Mrs. Q. T. Thornton announce the engagement and approaching marriage of their daughter, Miss Donna Thornton, to Frank Logan, son of Mr. and Mrs. Leroy Logan.

60 YEARS AGO May 26, 1966

Judy Wilbourn and Mike Vickery were the proud recipients of the Citizenship Awards, which are presented annually by the local American Legion Post to the boy and girl in the eighth grade who are chosen by their classmates and their teachers.

On Friday morning, May 20, Miss June Turner became the bride of Pfc. John Lewis Brassel. The double-ring wedding ceremony was performed by James A. Mahaffy, Church of Christ minister, at his home.

55 YEARS AGO May 27, 1971

Mr. and Mrs. Lavern Browning and two children, Donna Kay and Ronald will be moving to Senatobia, where Mr. Browning has been made Assistant County Supervisor of Farmers Home Administration, effective June 14.

Among the 461 students who will receive degrees at Mississippi State College for Women's 86th graduating exercises May 30 are Beverly Arrington, Patsy George, and Sandra Snell of Coffeeville.

Included in the list of candidates at Mississippi State University next Sunday, May 30, are Mrs. Coley (Margaret) Bailey of Coffeeville and David Herron of Oakland.

45 YEARS AGO May 21, 1981

Yalobusha Academy Kindergartin graduates are Angie McNatt, Valerie Varner, Christopher Brasher, Brad Ayers, Kim Billingsley, Heather Hughes, Christy Bell, Misty Hollowy, Jeremy Byford and Jason Fly.

In the election last Tuesday voters at Water Valley chose Hamric Henry as mayor. Oakland voters elected Franklin D. Jones as their new mayor.

Garla Gray has been nominated for placement in the 1981 Edition of The Dean's List at the University of Mississippi.

Mrs. Mary Fox Simmons proudly announce the engagement of her daughter Linda Joyce, to George Timothy Denley of Burke, Virginia. Vows will be exchanged June 14.



Coffee Time

By Sarah H. Williams

On Tuesday April 28th. I received a call from Claudia Gleason, Regent of David Reese Chapter NSDAR inviting me to a dinner awarding members who had be in the DAR for 25, 35 and 45 years thanking them for their service. I thought she was looking for my dewes but I been in DAR for 45 years and no longer am required to pay dewes.

-0-

After the Women's Progressive Club luncheon on Saturday May 2nd. Tammy and I went to see Coley Bailey's fields south of town where he had planted corn for the first time in over 40 years.

-0-

We attended a tea given to the residents by the activities department here on Thursday afternoon. The activities room was decorated in pinks with beautiful table clothes. The tables were each set and we each had a pretty tea cup. Fruit, mini muffins and of course tea was serviced. It was a Lovely party.

Operation Christmas Child Prayer Walk

Everyone is invited to join Emmanuel Baptist Church for a prayer walk organized by Operation Christmas Child volunteers.

Operation Christmas Child is a ministry of Samaritan's Purse. Samaritan's Purse sends gift filled Operation Christmas Child shoeboxes to children in need around the world together with the message of the Gospel of Jesus Christ.

Colossians 4:2 Continue earnestly in prayer, being vigilant in it with thanksgiving

1 Thessalonians 5:17 Pray without ceasing

Philippians 4:6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be

See Other Announcements On Page 15



made known to God

This is a great opportunity to meet new people, fellowship and grow your faith!

All are invited to participate in the prayer walk at Emmanuel Baptist Church, 245 Meadow Brook Rd., Grenada, MS on Saturday May 30th. Registration will be at 8:00 am and the walk beginning at 9:00 am.

Nancy Stringfield
Media Relations
Operation
Christmas Child
Delta Hills Region
901-487-5790

Friends of Union Cemetery

Thank you for your past kindness and generosity to make the cemetery an attractive resting place for our loved ones.

We are having a work day on May 23, at 8:00 AM. Please bring what you need to work with. We will need chainsaws because a large tree has fallen on the fence. We need to get it removed and then we will have to see if the fence can be repaired or if it will have to be replaced. Among the things we will need to do are pick up trash, old and spent flowers and arrangements, put ant poison on the ant hills, and weed eat in places.

Thank you again for your help. Hope to see you on Saturday, May 23, at 8:00 AM.

Library News

By Patty Bailey

Library Board Meets May 15

The Administrative Board of the Yalobusha County Public Library System will meet Friday, May 15, at 9:00 AM, at Coffeeville Public Library. Library board meetings are open to the public in compliance with state law.

May Calendars Available
Stop by Coffeeville or Oakland Public Library to get a copy of our monthly calendar of events available May 1.

Summer Library Program Registration May 18 - 29

We're excited about summer reading! Registration for "Unearth a Story" SLP for elementary age children begins Monday, May 18 at Coffeeville or Oakland Public Library. This summer, we will be digging into lots of exciting stories about reptiles, paleontology, dinosaurs, archeology, gardening, and America's history. Parents or grandparents may register children in grades K - 6 beginning Monday, May 18 and ending Friday, May 29. Our first program will be Monday, June 1, with Jackie Kerr from the Mississippi Museum of Natural Science and live reptiles

Studies show that children who read during the summer retain or improve valuable reading skills over the summer months. Parents of elementary age children are encouraged to register kids at Coffeeville or Oakland Public Library for "Unearth a Story" program packet, plus lots of other incentives.

Homeschool Hangout May 21

Homeschool Hangout meets at Coffeeville Public

Library every third Thursday at 4:30 for homeschool families to enjoy unstructured library time. Homeschoolers and families are invited to join us for fun and games on Thursday, May 21, at 4:30.

Spring Book Club at Coffeeville

Coffeeville Public Library will host a Spring Book Club Thursday, May 28. The book to be discussed is Theo of Golden by Allen Levi, a recently published novel which has received numerous awards and accolades. Books were provided free by the Mississippi Library Commission. The group will gather May 28 at 5:30 to share a meal and discuss this wonderful book. If you have read the book Theo of Golden and would like to attend the Book Club May 28, please call (662) 675-8822 or email info@yalobusha.lib.ms.us to see if there's space available.

Libraries Closed Memorial Day

Libraries will be closed Monday, May 25, for Memorial Day.

Summer Library Program Starts June 1

Our exciting "Unearth a Story" Summer Library Program will kick off Monday, June 1, with the fabulous Jackie Kerr from the Mississippi Museum of Natural Science and reptiles. Jackie will present an exciting live reptile program at Oakland at 10:00 AM and at Coffeeville at 1:30 PM.

This program is intended for elementary age children who are registered in the Summer Library Program at Coffeeville or Oakland Public Library. However, we open this program to children and families as space permits.

Wednesday, May 13 - Healthy You Exercise class

will meet at 9 a.m. at the Extension office. Wear cool, comfortable clothes, supportive shoes and bring water to drink.

Living Well

In Yalobusha County By Pamela Redwine
MSU-ES Extension County Coordinator - Yalobusha County

Wednesday, May 13 - Healthy You Exercise class will meet at 9 a.m. at the Extension office. Wear cool, comfortable clothes, supportive shoes and bring water to drink.

Wednesday, May 13 - Create MHV Club - Cancelled for this month. Will resume in June.

Thursday, May 14 - 4-H Cooking Kit Distribution - from 8 a.m. to 5 p.m. at the Extension office.

Thursday, May 14 - Modeling Squad practice for Club congress at 5:15 p.m. at the Extension office.

Friday, May 15 - Healthy You Exercise class will meet at 9 a.m. at the Extension office. Wear cool, comfortable clothes, supportive shoes and bring water to drink.

Monday, May 18 - Sewing for Service- will meet at 9 a.m. at the Extension office. Volunteers are needed to sew, iron and cut out.

Monday, May 18 - 4-H Home School - will meet at 1:30 p.m. at the Extension office. We are starting a new Puppet series, so if you are interested in learning about Puppetry join us.

Tuesday, May 19 - MHV Potluck and Bingo - will meet at 10 a.m. at the Extension office. Bring a food item to share and a couple of prize items to contribute to the prize table.

Tuesday, May 19 - Modeling Squad practice for Club congress at 5:15 p.m. at the Extension office.

Wednesday, May 20 - Healthy You Exercise class will meet at 9 a.m. at the Extension office. Wear cool, comfortable clothes, supportive shoes and bring water to drink.

Thursday, May 21 - Looped with Love Crochet MHV Club - will meet at 10 a.m. at the Extension office.

Friday, May 22 - Healthy You Exercise class will meet at 9 a.m. at the Extension office. Wear cool, comfortable clothes, supportive shoes and bring water to drink.

Monday, May 25- Extension office Closed for Memorial Day Holiday

Mississippi State University is an equal opportunity institution. Discrimination is prohibited in university employment, programs, or activities based on race, color, ethnicity, sex, pregnancy, religion, national origin, disability, age, sexual orientation, genetic information, status as a U.S. veteran, or any other status to the extent protected by applicable law. Questions about equal opportunity programs or compliance should be directed to the Office of Civil Rights Compliance, 231 Famous Maroon Band Street, P.O. 6044, Mississippi State, MS 39762

New Pantry Inspirations

A "healthy pantry" today isn't just stocked, it's strategic, flexible, and inspiring. The goal is to create a space where you can build fast,

nourishing meals without overthinking it.

Think high-fiber carbs, whole food proteins, healthy fats, and flavor boosters all working together.

Here's a fresh, modern take on pantry inspiration— with real-life, usable ideas (not just a list).

1. The "Build-a-Bowl" Pantry

Design your pantry so you can build bowl meals in minutes. Beans, grains, and legumes are nutrient-dense, shelf-stable, and versatile for quick meals

•Whole grain: quinoa, brown rice, farro
•Protein: canned beans, lentils, tuna
•Veg add-ins: canned tomatoes, roasted peppers
•Finish: olive oil, seeds, herbs

Meal idea: quinoa + chickpeas + olive oil + lemon + herbs = instant lunch

2. The "Smart Convenience" Pantry

Healthy doesn't mean everything from scratch anymore. Frozen foods can be just as nutritious as fresh and save time

•Frozen vegetables and fruit
•Microwaveable whole grains
•Pre-cooked lentils or rice
•Tuna or salmon pouches

Meal idea: rice pouch + tuna + avocado + soy sauce = 5-minute bowl

3. The Healthy Snack Pantry

Replace "processed empty-calorie snacks" with options that actually fuel you. Nuts, seeds, and popcorn provide fiber, protein,

and healthy fats that support satiety

•Nuts and seeds (protein + healthy fats)
•High-fiber bars
•Air-popped popcorn
•Dried fruit (no added sugar)

4. The Flavor Booster Shelf (the secret weapon)

Healthy food becomes craveable with the right pantry flavors. Herbs, spices, and pantry flavorings make simple ingredients into full meals

•Vinegars (balsamic, rice, apple cider)
•Mustards, miso, tahini
•Low-sodium broths
•Spice blends

Upgrade idea: drizzle tahini + lemon + garlic on anything = instant flavor

5. The Plant-Forward Protein Pantry

Shift toward flexible protein options. These options provide fiber, protein, and essential minerals while supporting heart health

•Beans, lentils, chickpeas
•Tofu, shelf-stable soy products

6. The "Backup Meal" System

Create a safety net so you never default to takeout:

•Pasta (whole grain or legume-based)
•Jarred tomato sauce
•Canned beans
•Frozen vegetables

Go-to meal: pasta + beans + greens + olive oil = complete dinner in 15 minutes

Start with one idea and build more as you go! Which idea is your favorite?

Article source:
<https://www.foodandhealth.com/blog/new-pantry-inspiration>

